

# The Twilight 600 PERM - Route Sheet

## Stage 1 - South Queensferry to Aberfeldy

<b>Control 1 - South Queensferry</b>		<b>0km</b>
Tesco Superstore + ATMs, Burger King & Dakota Hotel, Bar and Grill in retail park.		
Shell and BP / M&S Food + ATM (both 24-hour), McDonalds & Premier Inn just to the West on A904		
0km	South East Corner Tesco Superstore	
Proceed on bike path across carpark to Ferrymuir Road (at pedestrian crossing)		
0.2	L on to Ferrymuir Road (use bus lane)	
0.4	R (towards Shell Station - R filter lane)	
0.8	L on to bike path immediately after the large Welcome to the Forth Bridges sign	
Follow bike route over Forth Road Bridge and continue round to right <u>\$ Inverkeithing CR1</u>		
5.1	Rejoin road at ramp	
<u>Inverkeithing</u>		
6.1	SO @ mini-round	
(6.5km - 15.7km) - the route follows cycle infrastructure through Dunfermline. This is generally good but short sections are narrow and may be poorly maintained in places. You may prefer to use the road if traffic flow is light.		
6.5	Join bike path to R of main road at railway station access	
Proceed on bike path past two roundabouts and cross main road East of second roundabout		
6.7	Proceed North on bike path (North Road)	
7.5	L (leave bike path) <u>\$ Dunfermline</u>	
8.7	After right hand bend join bike path on right of road <u>\$ Cycle Route 1</u>	
<u>Dunfermline</u>		
9.3	SO @ Round (continue North on bike path)	
10.3	SO @ Round (continue North on bike path)	
11.3	SO @ Round (continue North on bike path)	
12.2	Cross road at pedestrian crossing (after \$ Kingdom Cycle Route)	
12.3	L <u>\$ Linburn Corridor 100 yards</u> (short narrow path)	
12.3	SO @ mini-round <u>\$ CR 1</u>	
12.4	R @ T on bike path <u>\$ CR 1</u>	
12.7	R stay on bike path (Halbeath Drive)	
12.8	Cross road Halbeath Drive and Halbeath Road <u>\$ Townhill</u>	
13.8	L <u>\$ Townhill Park / CR 1</u>	
Follow cycle route 1 through Townhill Park		
15.7	L <u>\$ Kinross</u> (on to Cairncubie Road)	

17.5	L @ T	<b>B915</b>
18.1	R @ T <u>\$ Crieff</u>	<b>A823</b>
20.0	SO @ X <u>\$ Crieff</u>	<b>A823</b>
29.7	<b>Powmill</b> - Powmill Milk Bar	
29.8	R @ T <u>\$ Kinross / Crieff</u>	
31.1	L <u>\$ Rumbling Bridge / Crieff</u>	
33.8	R @ T <u>\$ St Andrews</u>	<b>A91</b>
34.1	SO \$ Crieff (A822)	<b>A823</b>
47.5	Round - 2nd exit \$ Crieff (A822)	<b>A823</b>
49.6	SO - Mini-Round \$ Crieff (A822)	<b>A823</b>
55.6	R @ T \$ Crieff A822	<b>A822</b>
63.0	<b>Crieff</b> - Shops, Cafes, Take-aways, etc	
63.4	R <u>\$ Inverpefferay / Community Campus</u> Imm L (Gallowhill/Crieff Highland Gathering)	
63.9	R (Addison Terrace)	
64.1	L @ T (Church Street)	
64.3	R @ T (High Street)	<b>A85</b>
67.3	L \$ Dunkeld / Aberfeldy (A822)	<b>A822</b>
86.9	L \$ Aberfeldy (A826)	<b>A826</b>
<b>101.0</b>	<b>Caution - Traffic lights on steep descent immediately after sharp left hand bend. (preceded by Aberfeldy 20mph limit signage)</b>	
101.6	R @ TLs \$ Town Centre	
<b>Control 2 - Aberfeldy</b>		<b>101km</b>
Large Coop Food Store + ATM, Shops, Cafes, Pubs, Restaurants on High Street (Bank/Dunkeld St)		

<b>Stage 2 - Aberfeldy to Crianlarich / Tyndrum</b>		
U-turn at control and retrace to TLs		
102.5	SO @ TLs \$ Kenmore / Killin	<b>A827</b>
102.8	SO mini-round	
112.1	<b>Kenmore</b> - nice bridge and view	
112.5	TLs and over bridge (River Tay)	
125	<b>Lawers</b> - Lawers Hotel	
138.3	<b>Killin</b> - Large Coop, Pubs, Cafes. Etc	
142.7	R @ T <u>\$ Crianlarich</u>	<b>A85</b>
160.4	L <u>\$ Station / Youth Hostel / Londis</u> (if you intend to control in Crianlarich)	
<b>Optional Control 3 - Crianlarich</b>		<b>160km</b>
Londis Store and Youth Hostel on side road Hotel on main road (A85)		
161.0	Round - 2nd exit <u>\$ Fort William</u>	<b>A82</b>
<b>Control 3 - Tyndrum</b>		
Service Station, Shops, Hotels and Cafes on main road (A82), hostel and campsites off-route		

<b>Stage 3 - Tyndrum to Corran Ferry</b>	
<b>Caution - 50km remote section with little or no re-supply options until Ballachulish</b>	
168.7	Continue on A82 \$ <u>Fort William</u> <b>A82</b>
219.0	<u>Ballachulish</u> (Coop - just off-route)
221.7	Round - 1st Exit \$ <u>Fort William</u> <b>A82</b>
229.5	L \$ <u>Corran Ferry</u>
<b>Control 4 - Corran Ferry 230km</b>	
Board ferry and retain ticket / receipt.	

<b>Stage 4 - Corran Ferry to Acharacle</b>	
<b>Caution - 120km remote section with only limited re-supply options</b>	
230.0	L @ T (top of ferry slipway) <b>A861</b> \$ <u>Strontian</u>
252.5	<u>Strontian</u> - two shops and a hotel
<b>Control 5 - Acharacle 270km</b>	
271.3	Tioram Cafe
271.6	Acharacle Shop and Post Office
(check for limited / seasonal opening)	

<b>Stage 5 - Acharacle to Fort William</b>	
Continue North on A861	
<b>Optional Control 5 - Glenuig 290km</b>	
The Community Shop / Post Office has very limited opening times as has the Glenuig Inn	
302.7	R @ T \$ <u>Fort William</u> <b>A830</b>
340.9	Over swing bridge (Caledonian Canal)
341.8	Round - 2nd exit \$ <u>Fort William</u> <b>A830 (A82)</b>
342.7	Round - 2nd exit \$ <u>Fort William</u> <b>A82</b>
<b>Control 6 - Fort William 342km</b>	
Numerous Shops, Cafes, Pubs, Banks, ATMs, etc on A82 and a short distance off-route	

<b>Stage 6 - Fort William to Oban</b>	
Route continues on A82 through town centre	
343.4	Round - 3rd exit \$ <u>Town Centre</u> <b>A82</b>
344.4	SO - mini-round \$ <u>Fort William</u> <b>A82</b>
344.7	mini round - 2nd exit \$ <u>Crianlarich</u> <b>A82</b>
345.6	round - 1st exit \$ <u>Crianlarich</u> <b>A82</b>
346.4	round - 3rd exit \$ <u>Crianlarich</u> <b>A82</b>
Continue on A82 to Ballachulish Bridge	
366.7	round - 1st exit \$ <u>Oban</u> <b>A828</b>
393.3	round - 2nd exit \$ <u>Oban</u> <b>A828</b>
393.7	cross Creagan Bridge
394.1	round - 1st exit \$ <u>Oban</u> <b>A828</b>
408.0	TLs and cross Connal Bridge
408.6	L @ T \$ <u>Oban</u> <b>A85</b>

415.7	mini round - 1st exit \$ <u>Town Centre</u>
<b>Control 7 - Oban 416km</b>	
Shops, Banks, ATMs, Cafes, Pubs, Hotels on route	
Tesco Superstore + ATMs short distance to South	

<b>Stage 8 - Oban to Callander</b>	
Route continues through the town one way system	
416.4	Round - 4th exit \$ <u>Station / Bus Station</u>
416.7	L @ T (opposite Palace Hotel / RBS) <b>A85</b>
416.9	follow one-way system to left
417.3	round - 2nd exit \$ <u>Crianlarich</u> <b>A85</b>
417.5	round - 1st exit \$ <u>Crianlarich</u> <b>A85</b>
424.7	under Connel bridge (continue on A85)
456.0	<u>Dalmally</u> - Village Store
474.1	R @ T \$ <u>Tyndrum</u> <b>A82</b>
474.2	<u>Tyndrum</u> - Service Station, Shops, Cafes
481.8	Round - 1st exit \$ <u>Perth</u> <b>A85</b>
482.2	<u>Crianlarich</u> - Shop, Hotel, Youth Hostel

<b>Optional Control 8 - Lochearnhead 508km</b>	
The Village Shop is currently closed. The Hotel 1km East on the A82 may be open.	

508.2	SO through Lochearnhead <b>A84</b> \$ <u>Stirling / Callander A84</u>
516.1	<u>Strathyre</u> - Village Shop, Pub, Cafe

<b>Control 8 - Callander 530km</b>	
Tesco Express + ATM, RBS + ATM, Shops, Pubs, Cafes, Hotels and Hostel	

Route continues South East on A84	
542.2	<u>Doune</u> - Coop Food, Cafe, Pub, Florists
542.3	L \$ <u>Town Centre / Dunblane</u> <b>A820</b>
543.6	R \$ <u>Bridge of Allan</u> <b>B824</b>
544.2	R \$ <u>Inverardoch Mains / 40mph</u> <b>Minor</b>
545.9	SO @ X (veer to left towards farm shed)
546.6	SO (veer right past green farm buildings)
550.7	Under M9
551.0	R @ T (towards 30 limit signage) <b>A9</b>
551.3	<u>Bridge of Allan</u> - shops, bakers, cafes, etc
551.6	SO @ mini-round (\$ <u>Allan Water</u> ) <b>A9</b>
551.7	SO @ mini-round (towards 20 limit signage)
551.9	SO @ mini-round

The following section of the route into Alloa and subsequently through Alloa is on road however cycling infrastructure exists on/off route. This may be useful if traffic is heavy. Follow signage CR76 / 764	
553.4	SO @ mini-round \$ <u>Stirling A9</u> <b>A9</b>
554.2	Round - 1st exit \$ <u>Causewayhead</u> <b>A9</b>
554.4	Round - 2nd exit \$ <u>Alloa</u> <b>A907</b>
556.2	Round - 2nd exit \$ <u>Alloa</u> <b>A907</b>
557.9	Round - 2nd exit \$ <u>Alloa</u> <b>A907</b>

559.1	Round - 3rd exit \$ Alloa	A907
559.3	Round - 2nd exit	A907
562.3	Round - 1st exit \$ Alloa	A907
563.3	SO @ Y junction (on to Kellie Pl)	A907
563.6	Round - 1st exit \$ Kincardine Br	A907
563.6	<b>Alloa</b> - Shops, Bakers, etc just off route	
563.8	Round - 2nd exit \$ Kincardine Br	A907
564.0	Round - 2nd exit \$ Kincardine Br	A907
564.2	Round - 2nd exit \$ Kincardine Br	A907
565.2	Round - 1st exit \$ Kincardine Br	A907
565.5	Round - 2nd exit \$ Kincardine Br	A907
566.2	Round - 1st exit \$ Dunfermline	A907
566.5	Under railway bridge	A907
566.7	L (at Cycle crossing sign)	Minor
566.7	Imm. veer right \$ Path	Minor
567.4	L @ up ramp (before T) \$ CR 764	
567.4	R @ top of ramp	
Follow CR764 for 17.4km on former railway line. \$ Dunfermline		
584.8	R @ T (after Cycle Way car park)	
584.9	L (\$ Golfdrum Street)	
585.4	L \$ Cycle Route (at North Parish Church)	
585.6	SO (join cycle path-do not go under bridge)	
Follow CR764 (signed) next to Winterhur Lane		
585.8	Cross Winterhur Lane and proceed through CousIn's Lane	
585.9	R on to Foundry Street	
586.0	R @ T ( at Golden Chip Fast Food)	A823
586.1	L (Campbell St) \$ CR Forth Road Br	
586.4	Follow road to right (Gardeners St)	
586.7	SO @ mini-round \$ Cycle Route (Leys Park Road)	
586.9	Join cycle path on right \$ Q M Hospital	
588.6	R @ T on cycle path CR1 (at Whitefield Rd)	
The route follows the cycle route South through Dunfermline primarily downhill. If traffic is light you may prefer to use the road adjacent to it.		
588.8	Cross Halbeath Rd & Halbeath Drive	
588.9	L \$ City Centre (CR1)	
589.3	R \$ CR1	
589.3	SO @ mini-round \$ CR1 (short narrow path)	
589.4	R @ T on cycle path CR1	
589.4	Imm. Cross Linburn Road at pedestrian crossing and turn right to follow bike path	
590.3	SO @ Round (continue South on bike path)	
591.2	SO @ Round (continue South on bike path)	
592.3	SO @ Round (continue South on bike path)	
593.0	Rejoin road \$ Inverkeithing CR1	
594.1	R @ T (join bike path opposite)	

594.9	Cross road to left of roundabout	
594.9	R on cycle path \$ CR1	
595.0	Follow cycle path past 2nd roundabout and to left \$ Inverkeithing / CR1	
595.0	<b>Inverkeithing</b> - shops, take-aways, etc	
595.2	Re-join road at Railway Station access SO \$ Forth Road Bridge / CR1	
595.6	SO @ mini-round	
596.6	Join cycle path to left by ramp \$ Forth Road Bridge	
Follow cycle route over Forth Road Bridge		
600.8	L towards Forth Bridges car park \$ Queensferry / CR1	
600.8	Imm. R onto road (Ferrymuir Gait)	
601.2	L @ T (after Shell Petrol Station)	
601.5	Round - 3rd exit \$ Ferrymuir Services	
601.6	Round - 3rd exit \$ Superstore	
601.7	At pedestrian crossing join cycle path on left and proceed to finish at Tesco Superstore	
<b>Control 9 - South Queensferry</b>		<b>602km</b>
Control options all as per control 1		

### Key

L - Left	Round - Roundabout
R - Right	TLs - Traffic Lights
T - T Junction	Imm - immediately
Y - Y Junction	\$ - Signpost
X - Crossroads	CR - cycle route
SO - Straight on	A82 - road number

### Place Names

not controls but some are potential re-supply options