

NEW FOREST NATIONAL PARK 200km AUK PERMANENT EVENT. (Notes and route sheet)

Thank you for your entry to this AUK Permanent Event. I hope you enjoy what on a fine day is spectacular scenery. It is actually the same scenery in the rain, but not always appreciated as much.

The routes explore most parts of the New Forest National Park. On the way you will pass or travel through Ancient and Ornamental woodland, timber Inclosures, heathland, Forest lawns, valley mires, bogs, temporary Mediterranean ponds and coastal grazing marshes (don't worry you do not have to tick an I-Spy book as well as completing the event)

All but one obvious T-junction and 3km of road on the 200km route are on the OS New Forest Outdoor Leisure map, No.22.

CONTROLS: The route sheets are written for a Lymington start and finish, but you may use any Control as your start point.

LYMINGTON is the written route sheet start / finish location but you may use any Control as your start point. Most street car parking is charged weekdays and Saturdays. Free street parking can be found south of the High street but you will have to search it out. Car parks are also charged on Sunday, but free street parking is available in Avenue Road or Barfields. Cycle shop (Figures) is off north side of High Street half way down the hill.

LYMINGTON CONTROL location is in New Street (which is one-way northward) outside St Barbe Museum and Art Gallery. There are Public lavatories beside the museum building. There are many cafes in the High Street (T junction at south end of New St.)

BOCKHAMPTON CONTROL is the Lamb Inn

BLISSFORD CONTROL is at the cattlegrid after a ford

CRANBORNE CONTROL is at the Garden Centre tearoom

BREAMORE CONTROL is at the track entrance to Breamore House café (summer opening)

CUCKOO INN CONTROL is at the CUCKOO INN

BROCKENHURST CONTROL is at Esme's Tea Rooms café (open all year) in Brookley Road (on left after CG) (There is a choice of cafés after crossing Watersplash. Cycle shop (Boost) is open weekdays and is on the route at junction with A337.)

LEPE CONTROL is at Lepe Beach Café (open all year). Public toilets in car park

WOODLANDS CONTROL is at the cattlegrid

MINSTEAD CONTROL is the Trusty Servant PH (there is a small community shop beside the pub, but with limited opening hours)

LYNDHURST is not a Control, but there are lots of pubs and Cafés if required for a break

Your attention is drawn to the following:

- Many of the roads are unfenced and you will encounter ponies, donkeys, cattle, possibly deer and in the autumn pigs. All animals should be treated as being unpredictable in their behaviour. Foals, in particular, are likely to cross the road suddenly.
- In the summer you will also encounter tourists in cars (with or without caravans) whose behaviour is totally unpredictable
- There are quite a few cattle grids. These can be slippery in wet weather.
- Several fords are crossed. There may be water in the ford at Moyles Court and the Watersplash in Brockenhurst. The condition of others will depend on recent weather.
- Horse riding and carriage driving (Pony and Trap) is an everyday part of New Forest life. Please slow down and make your presence known when passing or overtaking. Calling out is a good way of attracting attention, because horses are used to the human voice. Ponies and traps are easily spooked by silent bicycles with potentially serious consequences for either the horse or the passing cyclist.
- The route uses a short stretch of the A35 through Ashurst. There is a combined cycle/footpath on the north side of the road, which can be used to avoid making the right turn from the A35 into Woodlands Road.

NEW FOREST EXCURSION 200km

Stage 1 – To the western Forest fringes and across the Avon Valley		
km	NORTH from St Barbe Museum CONTROL along New Street	km
0.3	L at T (sp New Milton)	0.3
0.4	R at TLs (sp Lyndhurst)	0.8
0.5	SO at mini O	1.2
0.4	L into Sway Rd (sp Hordle)	1.7
0.9	Fork R into Mount Pleasant (sp Passford House Hotel)	2.5
2.0	R at T into Pitmore Lane (no sp)	4.5
0.6	CG	5.1
1.1	R at T onto B3055 (sp Brockenhurst)	6.2
0.9	1st L (sp Burley)	7.1
3.2	L (sp Burley) and immediate L at T (no sp)	10.3
1.2	CG	11.4
2.1	CG	13.5
3.3	L into Pound Lane at bottom of hill into Burley (sp Bransgore)	16.7
4.0	CG	20.7
2.8	L on RH bend at end of Bransgore (sp Bockhampton)	23.5
2.1	BOCKHAMPTON CONTROL at Lamb inn , then R at T Burley Rd (no sp) and immediate L (sp Ripley)	25.6
1.0	SO at X (sp Ripley)	26.6
3.6	L at T (sp Ringwood)	30.2
4.1	R at T (sp Bransgore)	34.3
0.7	1st L into Crow Lane (no sp)	35.0
1.0	L at T opposite Elm Tree PH into Hightown Rd (no sp)	36.0

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0.7	R at T onto slip road (2 way traffic) (sp Southampton)	36.7
0.2	L (1 st exit) at mini-O over A31T (sp Poulner)	36.9
0.5	R (2 nd exit) at mini-O beside White Hart Inn (sp South Gorley)	37.4
1.2	Follow road L after ford (probably dry)	38.6
1.1	CG	39.7
0.6	Cross ford at Moyles Court (sp Mockbeggar)	40.3
2.2	After Hockeys farm shop sign on R, Fork R at green (small sp sign Furze Hill)	42.5
2.2	Follow road sharp L (sp Hyde)	44.7
1.4	R at X beside school (sp Stuckton)	46.1
0.6	R at X (sp Abbots Well)	46.7
1.9	Thro' ford and at CG BLISSFORD CONTROL	48.6
0.6	Sharp L at T across gravel (sp Stuckton)	49.2
1.2	R at T (sp Fordingbridge)	50.4
1.2	R at T (sp Fordingbridge) and Immediate L at T onto B3078	51.6
	Over bridge into Fordingbridge and	
0.3	L (1 st exit) at mini-O onto B3078 (sp Alderholt)	51.9
1.3	SO (2 nd exit) at mini-O (sp Sandleheath)	53.2
1.6	L in Sandleheath (sp Alderholt)	54.8
0.9	R immediate after Alderholt Mill (sp Crendell)	55.7
2.0	L at T (sp Cranborne)	57.7
1.3	R at T (sp Crendell)	58.0
1.2	1st L (sp Cranborne)	60.2
1.6	L at T (sp <i>Cranborne</i>)	61.8
1.3	R into CONTROL – Cranborne Garden Centre	63.1

L = left : **R** = right : **SO** = straight on : **X** = cross roads : **T** = tee junction : **O** = roundabout : **TLs** = traffic lights : **CG** = cattlegrid : *sp* = signpost
 Distances are in kilometres Left column is interval Right column is cumulative Next place cycled thro is in italics (sp *PLACE*) or {*PLACE*} © John Ward 2025

Stages 2 & 3 – New Forest Diagonal from the North-west frontier to the south-east corner

L from Control	63.1
5.5 Fork L (sp Rockbourne)	68.6
0.6 R at T (sp Rockbourne)	69.2
0.2 1st L (sp Rockbourne)	69.4
1.9 R at T (sp Breamore)	71.3
0.8 1st L (sp Whitsbury)	72.1
1.3 SO at X (sp Breamore)	73.4
1.9 L at 1st X (sp <i>Breamore</i>)	75.3
1.1 R (sp Breamore) [L is to church]	76.4
0.5 L at T (actually SO) facing Breamore Common (no sp)	76.9
0.4 R at T onto A338 (sp Ringwood)	77.3
0.3 1st L (sp Woodgreen)	77.6
1.1 CG	77.6
0.3 R immed after Horse and Groom PH (sp Hale Purlieu)	78.9
4.4 R at T and over CG (sp Woodfalls)	83.3
0.3 R at green and immediate SO at X across B3080 (sp Lover) {sp is on the green}	83.6
1.6 R at T (sp Landford)	85.2
0.6 R at T (sp Lyndhurst)	85.8
3.4 CONTROL opposite Cuckoo Inn then	89.2
Immediate R into Lyburn Rd (no sp)	
3.7 Over CG and R at T to pass Lamb Inn on R (no sp)	92.9
2.2 SO at X across B3078 (sp Fritham)	95.1

0.9 R at T (sp Fritham)	96.0
1.7 R (sp missing)	97.7
4.1 L at T (sp missing) and continue under A31T	101.8
3.1 1st R (sp Bolderwood Arboretum / Ornamental Drive)	104.9
2 CGs in next 3km while descending Ornamental Drive	
4.3 SO at X across A35 + 2 CGs {fast traffic on A35}	109.1
2.8 CG	111.9
4.1 L through Watersplash (sp Village centre via ford)	116.0
0.4 CG	116.3
0.2 CONTROL at Esme's Tea Shop on L	116.5
R at T onto A337 over level crossing and immediate L into Mill Lane (sp Beaulieu)	116.5
1.5 CG and R at T onto B3055 (sp Beaulieu) {Sustrans 2}	118.0
8.7 R before Beaulieu mill pond onto B3054 (sp Southampton)	126.7
2.2 R at Hilltop (sp Exbury) and immediate continue SO (sp Holbury)	129.0
2.3 CG	131.4
1.9 R at X [TLs] (sp Blackfield)	133.4
4.8 When you see the sea L into CONTROL - Lepe beach café	138.3

Stage 4 – Along the eastern fringes to the heart of the Forest and Rights of Vicinage at Minstead Manor		
	L from Control (sp Exbury)	138.3
1.3	1 st L (sp Inchmery Lane)	139.6
3.2	L at T [actually SO] (sp Beaulieu)	142.8
2.9	CG	145.7
1.3	L at T and immediate R at T onto B3054 (sp Southampton)	147.0
2.4	CG	149.4
0.7	2 nd exit at O into Roman Rd (no sp)	150.1
<i>Continue straight on through bollards and beside gate</i>		
1.6	L onto cyclepath when road turns sharp R	151.7
0.1	L at T onto road [care no drop kerb] and immediate SO (2 nd exit) at O (sp Beaulieu Road Station)	151.8
0.2	CG	152.0
1.1	R at X (sp Colbury) (fingerpost loose, may point wrong way)	153.1
0.5	CG	153.6
1.6	1 st L on RH bend into Twiggs Lane (sp Colbury)	155.2
4.5	L at T onto A35 (sp Lyndhurst)	159.7
1.6	Thro' Ashurst, over railway bridge and Immediate R (sp Woodlands)	161.3
1.2	CG and WOODLANDS CONTROL	162.5
0.9	L at T into Bartley Rd (sp Cadnam)	163.4
0.6	CG	164.0
1.0	L into Shepherds Rd before Bartley village hall [green corrugated iron] (sp Bartley)	165.0
1.0	L at T (no sp)	165.0

0.3	CG	166.3
1.1	SO at X over A337 + 2 CGs (sp Minstead)	167.4
1.7	R at T (sp Minstead)	169.1
0.9	MINSTEAD CONTROL on L (Trusty Servant PH)	170.0

Stage 5 – Back to Lymington Community Centre		
L from Control and immed L after Trusty Servant PH (sp Newtown) and keep R to continue across ford		
1.4	L at X (sp Emery Down)	171.4
2.7	Through Emery Down and L (sp Pikes Hill)	175.3
0.5	1 st R on LH bend (sp Cadnam)	175.8
0.8	CG	176.6
0.5	R at T onto A337 (no sp)	177.1
0.5	L at TLs into Lyndhurst High St	177.6
0.5	R over CG onto B3056 (sp Beaulieu)	178.1
11.9	L after Beaulieu Village "bypass" (sp Bucklers Hard)	190.0
0.8	1 st R (sp East Boldre)	190.8
4.2	R at T (sp East End) and INFO CONTROL	195.0
2.0	L at T (actually SO) (sp Lymington)	197.0
1.6	CG {positively the last cattlegrid ☺}	198.6
4.0	L at T (sp Lymington)	202.6
0.4	L at mini-O (sp Town centre)	203.0
0.3	Follow road around to R into High Street & climb hill	203.3
0.4	R into New Street at Costa Coffee	203.7
0.1	CONTROL – St Barbe Museum on left	203.8