

To Kingdom Come 400 PERM

Stage 1 - Inverkeithing to Auchterarder

Control 1 - Inverkeithing

0 Opposite Scotmid Coop

0.1	Mini-Round - 2nd exit (Hill Street)
0.8	(Cross Motorway then) R @ T
1.6	Round - 2nd exit
2.7	Round - 2nd exit \$ <u>Dunfermline</u>
2.8	Round - SO
3	Round - 1st exit \$ <u>Dunfermline</u>
3.5	Round - 2nd exit \$ <u>City Centre / Crieff</u>
4.6	Round - 2nd exit \$ <u>City Centre / Crieff</u>
5.5	Round - 2nd exit \$ <u>Kincardine Bridge</u>
5.9	Round - 2nd exit \$ <u>M90 (N)</u>
6.7	Round - 2nd exit \$ <u>Kincardine Bridge</u>
7.3	R @ TLs \$ <u>Crieff A823</u>
7.8	Mini-Round - SO
22.8	R @ T \$ <u>Kinross / Crieff A977</u>
24.1	L \$ <u>Rumbling Bridge A923</u>
26.9	R @ T \$ <u>St Andrews</u>
27.1	SO \$ <u>Crieff</u>
40.6	Round - 2nd exit \$ <u>Crieff (A822)</u>
42.6	Round - 3rd exit \$ <u>Auchterarder</u>
43.2	Mini-Round - SO
44.4	L @ T \$ <u>Town Centre</u>

Control 2 - Auchterarder

Shops, Cafes, Bakers, ATM on High Street

Stage 2 - Auchterarder to Stanley

45.8	L \$ <u>Innerpefferay / Crieff</u>
46.2	L @ T
46.3	Mini-Round - SO
51.2	R (on bend) \$ <u>Madderty</u>
53.3	R \$ <u>Madderty</u>
56.8	R @ X \$ <u>Perth</u>
67	L @ X \$ <u>Methven</u>
68.5	R @ T \$ <u>Perth</u>
70.3	R \$ <u>Pitcairngreen</u>
72.3	R \$ <u>Redgorton</u>
72.5	R @ T \$ <u>Redgorton</u>
76.1	L @ T \$ <u>Perth / Luncarty</u>
Caution - DO NOT RIDE ON A9	
76.8	Mini-Round - SO
80.8	R (after pedestrian crossing) Percy Street

Control 3 - Stanley

Spar, ATM, Chemists, etc on Percy St

Stage 3 - Stanley to Montrose

80.9	U - turn on Percy Street
81	R @ T
82.4	R \$ <u>Kinclaven</u>
88.7	R @ T \$ <u>Blairgowrie</u>
89.6	TLs and over bridge
Caution Traffic Lights NOT synchronized for bikes	
90.1	R @ T \$ <u>Perth</u>
90.3	TLs and over bridge
Caution Traffic Lights NOT synchronized for bikes	
90.7	L \$ <u>Woodside</u>
93.3	L (on bend at cemetery)

Coupar Angus

96.8	SO @ X
97.3	L @ T (on to Coupar Angus High St)
97.6	L @ T \$ <u>Forfar</u>
98	R @ TL
99.7	L @ T \$ <u>Ardler</u>
100.1	R \$ <u>Kettins</u>
100.6	L @ T \$ <u>Newtyle</u>
106.2	SO @ X \$ <u>Balkeerie</u>
116.2	R @ T \$ <u>Forfar</u>
123.2	Round - 1st exit \$ <u>Edinburgh</u>
123.4	(Under Flyover)
123.6	Round - 2nd exit \$ <u>Forfar</u>

Forfar

125.5	SO @ TLs \$ <u>Town Centre</u>
126.5	SO @ TLs \$ <u>Arbroath</u>
126.6	L \$ <u>Montrose (B9113)</u>
141.1	L @ T \$ <u>Brechin (A933)</u>
141.2	R \$ <u>Montrose (A943)</u>
151.6	L @ T \$ <u>Montrose (A92)</u>
152.6	Round - 1st exit \$ <u>Town Centre (A92)</u>
153.5	Mini-Round - SO
153.6	R \$ <u>Town Centre</u>
153.6	L (at white statue) High Street

Control 4 - Montrose

Shops, Banks, Cafes, Bakers, etc on High Street. Tesco Extra and Lidl short detour.

Key

L - Left

R - Right

T - T Junction

X - Crossroads

SO - Straight on

Round - Roundabout

TL - Traffic Lights

\$ - Signpost

Place Names

(pass through-not controls)

Stage 4 - Montrose to Stonehaven	
155.0	Round - 2nd Exit \$ Aberdeen (A92)
155.7	Mini-Round - SO
156.0	R \$ Aberdeen (A92)
158.2	R \$ Kinnaber Farm and immediately L on to cycle path. Ride over old viaduct and climb back up to A92.
159.4	R @ T (A92)
St Cyrus	
Inverbervie	
183.8	L \$ Cycle Route 1
184.4	R \$ Cycle Route 1
188.6	R @ T
188.7	L @ T (A92)
188.9	R on dual-carriageway \$ Stonehaven
Caution - IF BUSY STOP ON LEFT and wait for a safe gap in traffic.	
Follow road down into town centre	
191.1	L @ TLs \$ Banchory (Market Square)
Control 5 -Stonehaven Shops, Banks, Cafes, etc Market Square	

Stage 5 - Stonehaven to Ballater / Braemar	
191.5	R around bend \$ Station
192.3	SO @ TLs (under railway bridge)
192.6	L \$ Aberdeen
193.8	L (after cemetery)
194.3	L @ T (at Stop sign)
194.9	R \$ Whittaker Engineering
195.5	R around bend \$ Blairs
201.7	L @ T \$ Banchory (A957 Slug Road)
209.0	L (after bridge) \$ Strachan
217.8	R @ T \$ Banchory
218.1	L @ T \$ Aboyne (stay on B976)
238.0	SO over bridge at Tower of O'Ess
253.5	R \$ Ballater (or continue SO for Braemar)
Optional Control 6 - Ballater (over bridge) Shops, ATM, Cafes, etc of Bridge Street (retrace route to junction @ 253.5km)	
266.7	L @ T \$ Braemar A93 (turn off B976)
281.1	R \$ Inverey / Village centre
Control 6 - Braemar If you did not control in Ballater you must control in Braemar! Shops, ATM, Pubs, Cafes in Village	

Stage 6 - Braemar to Perth	
Caution - long exposed section with little or no resupply options until Blairgowrie	
281.3	L \$ Golf Course (after bridge)
286.5	R @ T (A93 after bridge and snow gate)
Blairgowrie	
334.6	R @ T \$ Town Centre
334.9	R (after bridge \$ Town Centre)
follow one way system through town centre	
335.2	R @ T (Reform Street)
335.3	L @ TLs \$ Perth A93
342.7	TLs and over bridge
Caution Traffic Lights NOT synchronized for bikes	
359.6	SO @ TLs
Control 7 - Perth Coop (on right 359.7km), Shops, Banks, Cafes in City Centre & Supermarkets off route	

Stage 7 - Perth to Inverkeithing	
359.9	SO @ TLs \$ City Centre
360.4	R @ TLs \$ City Centre
360.6	L @ TLs (after bridge)
360.7	SO @ TLs \$ South Inch
361.0	Mini-Round - SO \$ Harbour
362.0	Mini-Round - SO
362.9	L @ T (A912 up hill)
363.4	SO (right hand lane) \$ Bridge of Earn
Caution DO NOT veer left on to M90 slip road	
Bridge of Earn	
367.5	R @ Mini-Round \$ Wicks o' Baiglie
367.5	L @ T
375.5	R @ T \$ Glenfarg
376.6	R (Ladeside)
Milnathort	
383.4	Mini-Round - SO (South Street)
Kinross	
386.0	Mini-Round - SO (High Street)
392.8	R \$ Maryburgh
Kelty	
394.1	R @ T
395.1	Mini-Round - SO \$ Crossgates
396.2	L @ Mini-Round \$ Crossgates
398.0	Mini-Round - SO
399.9	R @ T \$ Dunfermline
406.7	Round - 2nd exit \$ Inverkeithing
406.9	Round - 1st exit \$ Inverkeithing
407.4	Mini-Round - SO
407.6	Control 8 - Inverkeithing Opposite Scotmid Coop