

NEW FOREST NATIONAL PARK DAY OUT via CRANBORNE 100km AUK PERMANENT EVENT

Thank you for your entry to this AUK Permanent Event., which is the original classic New Forest Audax event I hope you enjoy what on a fine day is spectacular scenery. It is actually the same scenery in the rain, but not always appreciated as much.

This event route explores the centre and west of the New Forest National Park and including the Ornamental Drive. Cranborne Garden Centre café is a good place for a half way stop,

This 100km route is covered by the OS New Forest Outdoor Leisure map, No.22.

LYMINGTON is the written route sheet start / finish location but you may use any Control as your start point. Most street car parking is charged weekdays and Saturdays. Free street parking can be found south of the High street but you will have to search it out. Car parks are also charged on Sunday, but free street parking is available in Avenue Road or Barfields. Cycle shop (Figures) is off north side of High Street half way down the hill.

LYMINGTON CONTROL location is at the junction of New Street and the High Street (between Costa Coffee café and Boots Chemist (New Street is one-way northward from the High Street). There are Public lavatories in New Street beside the museum building. There are many cafes in the High Street TIDPIT CONTROL is at the junction where you turn left for Cranborne (148km on route sheet) the signpost is Cranborne 4 (don't be tempted to turn left at earlier junctions signed to Cranborne).

There is a thatched cottage on the corner (on your right as you turn left)

CRANBORNE CONTROL is at the Garden Centre tearoom

FLOODGATE CONTROL is at the floodgate!! At end of the stretch of road beside the water (it should be open)

Your attention is drawn to the following:

- Many of the roads are unfenced and you will encounter ponies, donkeys, cattle, possibly deer and in the autumn pigs. All animals should be treated as being unpredictable in their behaviour. Foals, in particular, are likely to cross the road suddenly.
- In the summer you will also encounter tourists in cars (with or without caravans) whose behaviour is totally unpredictable
- There are quite a few cattle grids. These can be slippery in wet weather.
- Several fords are crossed. There may be water in the ford at the Watersplash in Brockenhurst. The condition of others will depend on recent weather.
- Horse riding and carriage driving (Pony and Trap) is an everyday part of New Forest life. Please slow down and make your presence known when passing or overtaking. Calling out is a good way of attracting attention, because horses are used to the human voice. Ponies and traps are easily spooked by silent bicycles with potentially serious consequences for either the horse or the passing cyclist.

www.cyclingnewforest.org

Stage 1 – across the New Forest	
START CONTROL from High Street / New Street junction (Between Boots chemist and Costa Coffee)	
0.0	Head East down hill and follow road around to left
0.1	R at mini O (sp Beaulieu) and over level crossing 0.5
0.1	1st L (actually SO) on sharp RH bend (no sp) 0.6
1.6	L at T at grass triangle (no sp) 2.2
0.7	L at T (sp Lymington) 2.9
0.9	R by Red Lion PH (sp Sandy Down) into Roydon Ln 3.8
1.0	L at X (sp Sandy Down) 4.8
1.1	R at T onto A337 (no sp) 6.3
0.5	1st L (no sp) and over CG 6.8
0.9	2nd R onto B3055 (sp Brockenhurst) and thro TLs 7.7
1.9	L at stg X (sp Village Centre) 9.6
0.3	Thro' watersplash and R at T (sp Rhinefield) 9.9
4.1	CG 14.0
2.8	SO at X across A35 + 2 CGs {fast traffic on A35} 16.8
	2 CGs in next 3km while ascending Ornamental Drive
4.2	L at T (sp Fritham) 21.0
9.5	R sp Mockbeggar) and thro' ford 30.5
1.0	2nd L into Mockbeggar Lane (sp Ibsley) and over CG 31.5
1.2	R at T onto A338 (sp Salisbury) 32.7
0.4	1st L (sp Harbridge) into Kent Lane over Ibsley bridge 33.1
0.8	1st R on LH bend (sp Cranborne) 33.9
2.2	R at T (sp Fordingbridge) 36.1

1.8	SO at X over B3078 (no sp) into Ashford Rd	37.9
1.0	L at O (sp Damerham)	38.9
4.2	R (sp Martin) into High Street and continue for 4km	43.1
4.0	L (sp Cranborne) and TIDPIT CONTROL at signpost at this stg X junction	47.1
6.4	R at T (sp Wimborne Minster) in Cranborne	53.5
0.3	R into CRANBORNE CONTROL –Garden Centre Café	53.8

Turn over page to continue on Stage 2

<i>Route instructions to stay on tarmac roads from 97km at Gun Inn to Finish Control</i>		
0.2	After Gun Inn do not turn 1st R into cul-de sac, but continue and next R and R (no sp) into Lymore Lane	96.9
2.7	R at T (no sp) and R at T (sp Lymington) onto A337	99.6
0.3	1st L (sp Everton Village)	99.9
0.3	R (no sp) into Wainsford Rd	100.2
2.7	R at T (no sp) and immed L into Priestlands Rd (no sp)	102.9
0.4	Follow road L into Highfield Rd	103.3
0.2	1st R into Highfield Ave (no sp)	103.5
0.2	L at T and immed R into Middle Rd (no sp)	
	Follow road L and follow road R	103.7
0.6	SO at X (TLs) (sp Beaulieu)	104.3
0.4	R (sp Town Centre) into New Street	104.7
	Continue to High Street (You need to walk down final short part of New Street which is one-way against you	
0.3	FINISH CONTROL – At High Street Junction	105

L = left : R = right : SO = straight on : X = cross roads : T = tee junction : O = roundabout : TLs = traffic lights

CG = cattlegrid : sp = signpost

Route sheet distances are in kilometres Left column is instruction to instruction distance Right column is cumulative distance travelled

Stage 2 – back along the coast

L from Control

0.2	1st R (sp Alderholt) into Castle Street	54.0
6.1	R (sp Ibsley) into Ringwood Road	60.1
1.8	R at T (no sp)	61.9
1.3	3rd L (sp Ibsley)	63.2
1.9	R at T (sp Ringwood A338)	65.1
0.3	1st L (sp Mockbeggar) into Mockbeggar Lane	65.4
1.3	Over CG and R at stg X (sp Moyles Court)	66.7
1.0	thro ford and keep R (sp Rockford)	67.7
0.5	CG	68.2
1.1	ford (probably dry) (sp Ringwood)	69.3
1.0	Fork L towards white thatched cottage (no sp) as road bends R	70.3
0.2	L at T (no sp)	70.5
0.3	R at mini O (sp Hightown)	70.8
0.3	1st L (no sp) into Eastfield Lane	71.1
0.6	R at Elm Tree PH (sp Burley) into Crow Lane	71.7
1.0	SO (L/R) at stg X (sp Bransgore)	72.7
1.4	L at T (sp North Ripley)	74.1
5.9	SO (L/R) at stg X (sp Highcliffe) into Ringwood Road	80.0
3.3	SO (L/R) at Stg X over A35 at Cat & Fiddle PH (sp Walkford) {fast traffic on A35}	83.3
2.2	L (1 st exit) at Milestone O (sp Lymington) onto A337	85.5
0.9	R (sp Barton-on-Sea) into Western Ave	86.4
0.8	L at T (no sp) into Marine Drive West	87.2
0.3	R at T (no sp)	87.5

1.2	L at cul-de-sac sign into Becton Lane	88.7
0.8	R at T (sp Milford-on-Sea) into Milford Rd	89.5
4.6	R (sp Keyhaven) beside Milford Green	94.1
0.1	L at stg X (sp Keyhaven)	94.2
0.6	R into New Lane (Road liable to flooding sign) & follow left along coast to flood gate	94.8
	FLOOD GATE CONTROL at <i>floodgate</i>	
1.9	Continue and follow road left to Gun Inn on L then	96.7

- To follow short route via Ancient highway, which is a gravelled track follow route instructions below.
- To continue on tarmac follow instructions at bottom of page overleaf

	After Gun Inn Immediately R (no sp) into cul-de-sac	
0.6	Thro' gate onto Ancient Highway	97.3
1.8	Continue thro' gate onto lane	99.1
1.8	L at T (no sp) and immediate R (3 rd exit) at O (sp Lymington)	100.9
0.8	Get into RH lane in 1-way beside "Waitrose" and R at T (sp Christchurch)	101.7
0.1	1st L (sp "Saturday market delays") into St Thomas St	101.8
0.6	Continue into High Street to junction with New Street	102.4
0.2	FINISH CONTROL beside Costa Coffee	102.4