

# Hertfordshire Wheelers High Five Permanent Audax - 206 km



A tour mainly through Hertfordshire lanes with visits to the highest points in Hertfordshire, Buckinghamshire, Bedfordshire, Cambridgeshire and Essex.

- Start and finish:** Ware Railway Station, SG12 9UT
- Food and drink:** There are a cafés at the Church Farm, Chilterns Gateway Centre and Mill End Plants controls. There are shops and cafés at other towns and villages along the way.
- Car parks:** Amwell End car parks near station, SG12 9HY

This event is run under Audax UK regulations and takes place on open public roads. It is not a race or trial of speed. Please follow the rules of the road and show consideration to other road users.

You must complete the ride at an average speed between 15 kph and 30 kph. **Validation for this event is by E-Brevet only.**

The route is not way-marked or marshalled but clear routing instructions are provided. In general the rule is **stick to the road you are on until instructed to leave it**. It helps to pay attention to the distances between instructions. Additionally, GPX files may be downloaded from <http://www.herts-wheelers.org.uk/audax/downloads/>. The organiser provides no rescue service.

## Ride safely and enjoy yourself!

### Abbreviations and conventions used in the route description:

|    |             |      |                 |
|----|-------------|------|-----------------|
| R  | Right       | imm. | Immediately     |
| L  | Left        | TfL  | Traffic Lights  |
| SO | Straight on | RaB  | Roundabout      |
| \$ | Signpost    | mRaB | Mini roundabout |
| T  | T junction  | Rlwy | Railway         |
| X  | Crossroads  | ▲    | Grass triangle  |

**Aldbury** **bold type** - place passed through  
*New Road* *Italic type* - road Name  
[B1368] Square brackets – road you ride along  
(A602) Round brackets – road you cross

▲ H, ▲ Bu, ▲ Be, ▲ C, ▲ E **Road passes near highest point in Herts (244m), Bucks (267m), Beds (243m), Cambs (146m), Essex (147m)**



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## Herts Wheelers 200k Audax Route

### km 1st Leg 56.8 km

|      |   |
|------|---|
| 0.0  | <b>Start at Ware Station head west on Station Road</b>                    |
| 0.1  | L @ T, cross level crossing then R @ T no \$                              |
| 2.4  | 2nd exit @ mRaB (effectively SO)  |
| 3.3  | R @ TfL \$ Hertford East Station  |
| 3.5  | 1st exit @ mRaB by Dolphin pub  |
| 3.6  | 1st exit @ mRaB \$ All Routes   |
| 3.7  | R @ TfL into 20 zone. SO through shops                                    |
| 3.9  | At end continue SO under clock set high on R (cycle contra-flow - NCR 61) |
| 4.0  | R @ T by War Memorial   |
| 4.2  | SO @ TfL into <i>St Andrews Street</i>                                    |
| 4.7  | 2nd exit @ mRaB \$ Stevenage  |
| 5.2  | Pass Hertford N. station then forward at 2 mRaB \$ Stevenage [A119]       |
| 5.7  | L \$ Bramfield. Follow road to Datchworth Green (7.4km)                   |
| 13.0 | L @ X in Datchworth Green \$ Woolmer Green                                |
| 14.6 | L @ T \$ Welwyn [B197]  |
| 14.8 | Shortly R into <i>Heath Road</i>  |
| 16.1 | R into <i>Potters Heath Road</i> (over A1)                                |
| 17.1 | L \$ Rabley Heath   |
| 17.5 | <b>Inf. control at Robin Hood and Little John pub</b>                     |
|      | After control continue towards Codicote                                   |
| 19.7 | R @ T ▲ no \$ [B656]  |
| 19.8 | Shortly L into <i>Cowards Lane</i>  |
| 20.2 | L at T ▲ \$ Cycle Route 12  |
| 25.6 | R @T, \$ Wheathampstead [B653]  |
| 25.9 | 1st exit RaB \$ Wheathampstead [B651]                                     |
| 26.3 | R after church into <i>Church Street</i>                                  |
| 27.8 | L no \$ (▲) into <i>Pipers Lane</i> (just after golf course entrance)     |
| 29.4 | 2nd exit @ mRaB   |
| 30.3 | Forward @ mRaB  |
| 30.4 | L @ mRaB \$ Redbourn  |
| 31.0 | 2nd exit @ RaB \$ Redbourn [B487]   |
| 33.7 | 2nd exit @ RaB \$ Redbourn (A5183)  |

### km 1st leg (continued)

|      |  |
|------|--|
| 34.3 | L on r.h.bend into <i>High Street</i>  |
| 34.8 | R @T in front of Redbourn Sandwich Bar \$ Redbourn Common (into <i>Fish Street</i> ) |
| 36.1 | R \$ Gaddesden Row (into <i>Gaddesen Lane</i> )                                      |
| 39.6 | Follow road right (90o) \$ Jockey End  |
| 40.9 | L \$ Water End   |
| 43.8 | Steep descent to R @ T \$ Leighton Buzzard [A4146]                                   |
| 44.1 | 2nd left \$ Nettleden  |
| 45.6 | R @ T \$ Nettleden   |
| 51.7 | L @ T \$ Tring [B4506]   |
| 54.6 | R \$ Tring   |
| 56.8 | <b>Control at Church Farm Café on right</b>  |

**km 2nd leg 40.6 km**

| <b>R after control towards Tring</b> |   |
|--------------------------------------|---|
| 59.9                                 | Forward at (very small) mRaB  |
| 60.5                                 | R @ T \$ Town Centre  |
| 60.6                                 | Shortly 1st exit at mRaB \$ Town Centre                                 |
| 61.0                                 | L @ X into <i>Akeman Street</i> (opp. Costa Coffee – easy to miss!)     |
| 61.3                                 | L \$ Cholesbury (imm. after r.h.bend)                                   |
| 62.1                                 | Fork R \$ Hastoe  |
| 63.3                                 | Follow road 90° R ▲ H   |
| 66.4                                 | R @ T \$ Cycle Route 5  |
| 66.8                                 | R @ ▲ \$ St. Leonards   |
|                                      | Through Buckland Common and St Leonards (follow signs to Aston Clinton) |
| 71.5                                 | <b>Inf. control at Chesham Fencing Supplies ▲ Bu</b>                    |
|                                      | Continue after control  |
| 73.9                                 | Steep descent to R @ T \$ Tring [B4009]                                 |
| 75.1                                 | R @ T \$ Tring  |
| 75.9                                 | 2nd exit @ RaB \$ Ivinghoe (over A41)                                   |
| 76.0                                 | Shortly forward @ RaB \$ Ivinghoe [B488]                                |
| 78.7                                 | 2nd exit @ RaB \$ Ivinghoe [B488]                                       |
| 80.8                                 | 2nd exit @ RaB \$ Ivinghoe [B488]                                       |
| 82.9                                 | R \$ Whipsnade [B489]   |
| 86.7                                 | R @ double RaB \$ Dagnall [A4146]                                       |
| 88.7                                 | 1st exit @ RaB \$ Whipsnade [B4506]                                     |
| 89.0                                 | R before l.h.bend \$ Studham (▲)  |
| 92.8                                 | L @ X \$ Studham  |
| 95.8                                 | SO @ RaB \$ Dunstable [B4541]   |
| 97.4                                 | <b>Control at Chilterns Gateway Centre</b>                              |

**km 3rd Leg 25.1 km**

| <b>Left out of control</b> |  |
|----------------------------|--|
| 97.7                       | Sharp R into <i>Isle of Wight Lane</i> ▲ Be                              |
| 100.1                      | L @ T ▲ no \$ [B4540]  |
| 101.0                      | SO @ mRaB  |
| 101.4                      | R \$ Studham   |
| 102.4                      | L @ X \$ Markyate  |
| 105.2                      | R @ T in Markyate no \$  |
| 106.0                      | SO (across A5 - care) into No Through Road ( <i>Old Watling Street</i> ) |
| 107.5                      | L no \$ into <i>Chad Lane</i> (just after “road narrows” sign)           |
| 108.9                      | R \$ Chilterns Cycleway  |
| 110.0                      | L \$ Chilterns Cycleway into <i>Kennel Lane</i>                          |
| 111.4                      | L @ T no \$ (eff. SO) into <i>Kingsbourne Green Lane</i>                 |
| 111.5                      | R @ T \$ Harpenden [A1081] (care)  |
| 111.6                      | Shortly L \$ Newmill End   |
| 113.8                      | SO at staggered junct. \$ Peters Green                                   |
| 116.5                      | L in Peters Green \$ Wandon Green ▲                                      |
| 117.5                      | Follow road \$ Wandon Green ▲  |
| 118.1                      | R @ T ▲ \$ Whitwell  |
| 118.9                      | Follow road \$ Whitwell  |
| 119.9                      | R \$ Whitwell  |
| 122.3                      | R @ T \$ Whitwell  |
| 122.5                      | <b>Control at Whitwell P.O. and store</b>                                |

### km 4th Leg 25.2 km

| Continue after control |  |
|------------------------|--|
| 123.0                  | L \$ Hitchin [B651] (at war memorial)                      |
| 127.4                  | L @ X \$ Hitchin [B656] (care)                             |
| 128.7                  | R @ X no sign (then through 3 90o bends)                   |
| 129.9                  | R @ T \$ Little Wymondley                                  |
| 130.3                  | L on r.h bend \$ Wymondley                                 |
| 131.2                  | SO @ mRaB \$ Great Wymondley                               |
| 132.5                  | <b>Inf. control at Green Man P.H.</b>                      |
|                        | Imm. after control R @ T \$ Graveley then follow road to R |
| 133.0                  | L into <i>Graveley Lane</i>                                |
| 134.4                  | R @ T \$ Graveley  |
| 134.8                  | L \$ Chesfield   |
| 138.7                  | R on l.h bend \$ Halls Green                               |
| 141.6                  | R @ T \$ Walkern   |
| 143.3                  | L on r.h bend \$ Cromer (almost SO)                        |
| 143.6                  | R @ T \$ Cromer  |
| 144.1                  | L @ T \$ Cromer [B1037]                                    |
| 144.7                  | L on R.H. bend (almost SO) \$ Baldock                      |
| 146.5                  | L @ T no \$ [A507] (care)                                  |
| 146.8                  | Continue SO \$ Rushden                                     |
| 147.7                  | <b>Control at Mill End Plants, Rushden</b>                 |

### km 5th Leg 35.8 km

| L after control |   |
|-----------------|---|
| 148.7           | R \$ Sandon                                 |
| 150.8           | R @ T \$ Buckland                           |
| 152.0           | Follow road to R in Sandon \$ Buckland      |
| 152.8           | L \$ Buckland                               |
| 154.8           | R @ T \$ Buckland                           |
| 156.1           | L @ T \$ Cambridge [A10] (care)             |
| 156.6           | Shortly R \$ Barkway (care)                 |
| 159.7           | L @ T \$ Barley [B1368]                     |
| 161.8           | Fork R on descent \$ Great Chishill         |
| 165.6           | R @ X \$ Saffron Walden [B1039] ▲ C         |
| 171.1           | <b>Control at junction</b>                  |
| 171.1           | After control R \$ Duddenhoe End            |
| 172.5           | R \$ Duddenhoe End                          |
| 173.0           | L@T \$ Langley                              |
| 176.4           | R @ T \$ Meesden ▲ E                        |
| 177.5           | L @ T \$ Meesden                            |
| 177.6           | Shortly R \$ Meesden                        |
| 180.1           | R @ T ▲ \$ Meesden                          |
| 183.5           | <b>Control at Blind Fiddler pub, Anstey</b> |

### km 6th Leg 22.6 km

|       |  |
|-------|--|
| 183.5 | Continue after control   |
| 185.5 | L @ T \$ Hare Street [B1368]                                     |
|       | Through Hare Street, Dassels, Hay Street, Braughing              |
| 194.2 | L \$ Puckeridge  |
| 194.7 | L after Crown and Falcon pub into <i>Station Road</i>            |
| 195.0 | R at pillar box into <i>South Road</i>                           |
| 195.6 | SO @ X into <i>Barwick Road</i> (A120, care)                     |
| 196.2 | Fork R into <i>Dowsetts Lane</i>                                 |
| 198.2 | L @ T \$ Colliers End  |
| 202.0 | SO @ mRaB by Anchor P.H.   |
| 203.2 | 2nd exit @ RaB \$ Ware   |
| 203.6 | 1st exit @ RaB \$ Ware   |
| 205.1 | 2nd exit @ RaB into <i>Baldock Street</i>                        |
| 205.7 | 2nd exit @ RaB. Cross bridge, keep R                             |
| 205.8 | Imm. after bridge, right into <i>Amwell End</i> via cycle access |
| 206.0 | L \$ Rail Station  |
| 206.1 | <b>Finish at Station Entrance</b>                                |