

Moors and Wolds 400k Audax

19 May 2018

Steve Ogden (AlfretonCTC)

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Alfreton to Howden (100 Km)

From Alfreton Town Centre Heading West:

R @ TRL \$ Chesterfield;

R at bottom of hill \$ Tibshelf

Continue through Westhouses to Newton

SO @ mini RDB

R @ War memorial \$ Littlemoor

L @ T no \$;

R @ T (B6014) \$ Stanton Hill

L @ bottom of hill (on RH bend)

Imm R \$ Pleasley (by Caernarvon pub)

SO @ junction \$ Pleasley;

SO @ mini RDB ,

L @ T \$ M1

2nd exit @ RDB \$ Clowne

SO at TRL \$ Clowne

Just past Clowne Sign R No \$ Ramper Ave

R @ T no \$ Ridgeway West Through TRL;

SO @ A616 No \$ Gapsick lane

SO @ A619 \$ Harthill

L @ T No \$; descend hill;

L \$ Harthill

R @ T in Harthill No \$ (S on L)

Control(35 Km)

R after Church \$ Thorpe Salvin

L on Manor Rd. \$ Kniveton Station

L at X rds. \$ Kniveton Park

Cross level Crossing And R at T

R at T \$ Worksop (Sheffield Rd)
L at T and Immed. L to TRLS
SO at TRLS and under low Bridge
\$ N.Anston and Dinnington
SO at mini O \$ Oldcotes
R at T no \$ (Lamb Lane)
L @ T no \$; next right Main Street
R @ T (A634); L \$ Harworth (B6463)
1st exit @ mini RDB No \$ (B6463)
L Imm R @ A631 \$ Rossington (B6463)
2nd exit RDB \$ Doncaster
R @ TRL (A638); L \$ Cantley (New Junction)
2nd exit RDB \$ Armthorpe
2nd exit @ RDB \$ Barnby Dun (S on right)
2nd exit @ RDB \$ Barnby Dun
3rd exit @ RDB \$ Thorne (A18)
SO @ TRL in Dunsville
Cont over M18; L \$ Youth Custody Centre
L @ T on A614 to Thorne (S, G, C/S)
R @ TRL \$ Moorends (S, C/S)
Cont thru Moorends and Rawcliffe Bridge
R @ T No \$ (A614)
2nd exit RDB \$ Goole A614
Control at Glews Garage on Right (100 Km)

Howden to Helmsley (78 Km)

Cross A614 onto road directly opp. to Airmyn
1st exit RDB \$ Howden
Cross river Ouse; 1st exit RDB B1228 \$ York
R @ X \$ Howden (S in town)
L @ X S Bubwith
L @ B1228 \$ Bubwith
SO @ X in Bubwith \$ Melbourne
L @ T \$ Sutton-on-Derwent
R \$ Wilberfoss;
L \$ Wilberfoss
R @ A1079 and imm L into Wilberfoss
L \$ Stamford Bridge;
L \$ Stamford Bridge

R @ T \$ York
L @ A166 \$ York (S and C/S) (141 Km)
Cross bridge (TRL) imm R \$ Sand Hutton
R @ T No \$; next L \$ Sand Hutton
R @ T \$ Claxton
L @ T (A64) \$ York;
R \$ Sheriff Hutton
Cont through West Lilling
R (SO) @ T \$ Hovingham;
SO @ mini RDB
L @ T \$ Hovingham
2nd L \$ Scackleton
Caution very steep & narrow lane see letter
Cont. through Coulton
SO @ X \$ Helmsley; R @ B1363 no \$
L @ T B1257 \$ Helmsley
R @ A170 \$ Helmsley
SO @ TRL into Helmsley
Open control in Helmsley (176 Km)

Helmsley to Staxton (48 Km)

2nd exit mini RDB \$ Scarborough A170
Cont. on A170 to Kirkbymoorside
2nd exit RDB \$ Scarborough A170
SO through TRL in Pickering (S, G) (189 Km)
2nd exit RDB \$ Scarborough A170
Cross narrow bridge in Ayton (S) (212 Km)
2nd exit RDB \$ B1261 (A64 York)
1st exit RDB \$ Scarborough (A64);
2nd exit RDB \$
2nd exit RDB \$ 1261 Filey
R @ TRL \$ York A64
R @ T
Control MacDonalds on Right (224 Km)

Staxton to Willerby Services(54 Km)

R from control the join A64 to York
!st exit at RDB \$A64 York
L @ TRL \$ Driffield B1249

2nd exit RDB \$ Driffield B1249
2nd exit RDB in Langtoft \$ Driffield B1249
3rd Exit RDB \$ Beverley A164 (251 Km)
2nd exit RDB \$ Beverley A164
1st exit RDB \$ Beverley A164
2nd exit RDB \$ Beverley A164
Cont. thru Hutton Cranswick & Leconfield
2nd exit RDB \$ Beverley A164
1st exit RDB \$ Beverley A164 (268 Km)
SO @ TRL and under archway into Beverley
L onto one-way system \$ town centre car parks
R @ TRL;
SO @ TRL
R @ mini-RDB \$ Humber Bridge
L @ mini-RDB no \$
L @ T \$ Humber Bridge
SO @ double mini RDB \$ Humber Bridge
Follow A164 \$ Humber Bridge over 5 RDB

Control: Total on left or Shell on R. (278 Km)

Willerby Services to Gainsborough (65 Km)

Return to A164 cont towards Humber Bridge
2nd exit RDB \$ A164; 2nd exit RDB A164
2nd exit RDB \$ Humber Bridge A15
N.B You cannot cross the bridge on A15
Join cycle path on L
R @ T with road; L \$ viewing area
Join cycle path on R by the coinbox
Cont on cycle path \$ Humber Bridge /Barton
R @ T with Road; L \$ Cycle lane
L onto E or West path as required \$ Barton
Cross Bridge on Cycle path follow to
T junction with road
R @ T No \$
R @ T \$ Town Centre
2nd R no \$ onto 1-way system
2nd exit mini RDB No \$
2nd exit mini RDB \$ Barrow

R \$ Brigg B1218
In approx 6 Km R \$ Brigg B1206
R @ T \$ Brigg A18
3rd exit RDB \$ Scunthorpe
SO @ 2 sets of TRL
1st exit RDB \$ Scunthorpe (soon G on L)
1st exit mini RDB \$ Redbourne B1206
2nd exit mini RDB \$ Kirton-in-Lindsay B1206
R imm L @ A15 \$ Kirton-in-Lindsay B1206
L @ X \$ Harpswell B1398
R \$ Gainsborough (Dunston Hill)
L @ T \$ Gainsborough
R @ T \$ Gainsborough B1205
L @ T in Blyton \$ Gainsborough A159
In about 6 Km R \$ Morton
L @ X \$ colleges
2nd exit mini RDB no \$
24hr G on L just before TRLs (340 Km)
R @ TRL \$ Rotherham A631 (over R.Trent)
1st exit RDB \$ Retford A620
Control @ Rosie's café on Left
(345 Km)

Rosie's Café to Alfreton (60 Km)

L from control on A620 towards Retford
1st exit RDB \$ Leverton
L @ T \$ Dunham
R @ X in N. Leverton \$ Retford
2nd L \$ Grove (just before wood)
R @ T \$ Grove
R @ T \$ Retford
L @ A638 \$ A1
R \$ Ollerton B6387
R \$ Bothamstall
2nd exit RDB \$ Thoresby Park
1st exit RDB; 2nd exit RDB \$ A616 Sheffield
Imm L \$ Warsop cont to Church Warsop
R @ T (A60) next L \$ Shirebrook

Cont to Shirebrook
L \$ Pleasley B6407
L @ X \$ Pleasley
2nd exit RDB \$ Pleasley
2nd exit RDB (A617) into Pleasley
R \$ Teversal; SO @ mini RDB
2nd R (SO) @ LH bend \$ Teversal
Bear L into Teversal
L @ T imm R@ T onto B6014 \$ Tibshelf
L \$ Huthwaite; next R no \$ Newtonwood Lane
L @ T \$ Blackwell
2nd exit mini RDB \$ Blackwell
Continue through Blackwell & Westhouses
L @ T (A61) \$ Alfreton
L @ TRL to Town Centre. 405km.

Key.

L = left turn R =right turn
SO = straight on RDB = roundabout
TRL = traffic lights \$ = signposted
Pass through places in bold.,
S = shops; C/S = chip shop; G = garage

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Please Contact Me if you will be DNF