Trefi Marchnad Cymru 100

Dist	Prev	Type	Note
0.0	0.0	📍	Start of route
0.0	0.0	■	Continue onto Station Rd
0.3	0.3	■	R at Lights onto Mount Pleasant/A48
0.4	0.1	■	L at Lights onto Upper Church St
0.4	0.1	■	L onto 42/Nelson St
0.6	0.1	■	R onto 42/Beaufort Square
0.6	0.1	■	L onto 42/High St
0.8	0.2	■	R at Lights past Town Gate onto Welsh St/B4293
2.0	1.2	■	At the roundabout, take the 1st exit onto St Lawrence Rd/A466
2.2	0.1	■	R onto B4235
21.1	18.9	■	R onto A472

21.1 kilometers. +298/-300 meters

Dist	Prev	Type	Note
23.1	1.9	■	R at Three Salmons Hotel (INFO) onto Porthycarne St/B4598
23.1	0.0	■	INFO: SEE BREVET
28.9	5.8	■	Slight R to stay on B4598
30.4	1.5	■	L @ Llanvair Kilgeddin
32.1	1.7	■	L and then Immediately R
32.1	0.0	■	R
36.6	4.6	■	L onto A4042
36.8	0.1	■	R onto B4269
39.9	3.1	■	At the roundabout, take the 2nd exit onto Merthyr Rd/B4246

18.8 kilometers. +189/-151 meters

Dist	Prev	Type	Note
40.1	0.2	■	At Roundabout take the 2nd exit underneath road bridge
40.4	0.3	■	Take 3rd Exit to go over River Usk Bridge
40.8	0.4	■	At the roundabout, take the 2nd exit and stay on Merthyr Rd
41.2	0.4	■	R onto Tudor St
41.5	0.4	■	L onto 42/Nevill St
41.6	0.0	■	CONTROL: TRADING POST CAFE
41.6	0.0	↩	Make a U-turn at St John's St
41.6	0.0	■	R onto Tudor St
41.8	0.2	■	R onto Baker St
42.1	0.3	■	L onto Frogmore St

2.2 kilometers. +18/-13 meters

Dist	Prev	Type	Note
42.1	0.1	■	Slight R to stay on Frogmore St
42.2	0.0	■	R onto Park Rd/A40
42.4	0.2	■	L onto 42/Park Ave
43.1	0.7	■	L onto Hereford Rd/B4521
43.3	0.2	■	R onto Grosvenor Rd/B4521
43.6	0.3	■	Continue onto 42/National Route 46/Ross Rd
56.6	12.9	■	INFO: SEE BREVET
57.8	1.2	■	R to Newcastle
60.7	2.9	■	R onto B4347
66.9	6.2	■	Continue L onto B4233 towards Monmouth
68.7	1.8	■	At the roundabout take the first exit

26.6 kilometers. +366/-402 meters

Dist	Prev	Type	Note
69.4	0.6	■	At the roundabout take the second exit
69.7	0.3	■	At the roundabout take the first exit
69.8	0.2	■	At the roundabout, take the 1st exit onto Cinderhill St
69.9	0.1	■	Go Straight through Monnow Bridge Arch
70.0	0.1	■	Bear L onto B4293 High Street
70.4	0.4	■	R onto Agincourt St
70.5	0.1	■	L onto Glendower St
70.8	0.3	■	Continue onto St James St
70.9	0.1	■	At the roundabout, take the 2nd exit onto Old Dixton Rd

2.2 kilometers. +9/-6 meters

Dist	Prev	Type	Note
71.1	0.2	■	R toward Canoe Club under A40 Bridge
71.1	0.1	■	R into Car Park
71.2	0.1	■	Continue Straight on the riverside path
71.4	0.1	■	L onto Wye Bridge to join A466 - Caution Traffic Turning
71.6	0.2	■	At Roundabout take the second Exit onto A466 towards Chepstow
88.4	16.8	↰	After Controls turnaround on A466 heading back into Tintern
88.4	0.0	■	CONTROL: TINTERN FILLING STATION CAFE
88.4	0.0	■	L onto Forge Road

17.6 kilometers. +225/-227 meters

Dist	Prev	Type	Note
90.7	2.3	■	R over river
90.9	0.2	■	R to avoid closed road on L
92.0	1.0	■	L after Fountain Inn
93.1	1.2	■	L at Red Post Box
94.8	1.7	■	L onto B4293
96.9	2.0	■	Keep on road to keep Village Green on your R
97.0	0.1	■	INFO: SEE BREVET
97.0	0.0	■	R towards B4293 keeping Village Green on R
97.1	0.1	■	L onto B4293
104.3	7.3	■	At Roundabout take the 2nd Exit to stay on B4293 Welsh Street

15.9 kilometers. +247/-263 meters

Dist	Prev	Type	Note
105.6	1.2	■	L at Traffic Lights to go through Town Gate onto High St
105.8	0.2	■	L onto 42/Beaufort Square
105.9	0.1	■	R onto Upper Church St
106.0	0.1	■	Go Straight on to stay on Upper Church St towards A40 Traffic Lights
106.1	0.1	■	R at Traffic Lights onto A48
106.1	0.1	■	L at Traffic lights onto Station Rd
106.4	0.2	■	R to stay on Station Rd
106.4	0.1	◻	End of route

2.1 kilometers. +5/-24 meters