

**Dave Harris 200 km Audax – Saturday 6th September 2025- 08:00 from
Greggs, Eskbank, Dalkeith,**

Run under the regulations of Audax UK

Stage 1 – Eskbank to West Linton 26km

0.0 km	R from Greggs
0.1 km	R, onto Penicuik-Dalkeith Walkway (Opposite industrial Units)
1.5 km	R, onto Dundas Street, B704
1.5 km	Immediate L, onto Penicuik-Dalkeith cycle path
1.8 km	SO follow cycle path
5.0 km	RAB 2 nd Exit either follow cycle path or go onto main road, SP Howgate A6094
6.0 km	RAB, 2 nd Exit onto A6094, SP Howgate
10.9 km	R, onto B6372, SP Penicuik
12.1 km	R, onto The Brae, B7026
12.1 km	L, onto Pomathorn Road, B6372, SP Penicuik
13.7 km	L, SP Peebles, A701
15.1 km	R, SP West Linton
25.3 km	L at TJ, onto Deanfoot Road
25.3 km	R, onto Deanfoot Road
25.8 km	L at TJ, Main Street, B7059

FREE CONTROL – WEST LINTON (Co-op on left)

Stage 2 – West Linton to Tweedsmuir 32km

26.2 km	R, onto Bogsbank Road (Weak Bridge Sign)
30.6 km	R at TJ, SP Moffat, A701
35.0 km	Continue onto A701
57.8km	L, SP St Marys Loch
57.8 km	INFORMATION CONTROL – TWEEDSMUIR

Stage 3 – Tweedsmuir to Tushielaw 36km

Wall of Talla Climb & past Meggat Reservoir

77.0km L at TJ, SP Selkirk, (A707)

84.1km R, SP Langholm, B709

Berrybush Climb

93.9 km CONTROL – TUSHIELAW

Stage 4 – Tushielaw to Yarrow Junction 17km

93.9km L at TJ, SP Selkirk, B7009

105.0 km L, No SP, 2 Posts no sign, slightly further up road Parking in passing places & Weak Bridge signs on LHS, minor road.

Witchie Knowe Climb

110.4km INFORMATION CONTROL – YARROW JUNCTION

Stage 5 – Yarrow Junction to Cardrona 23km

110.4 km L at TJ, SP Moffat

116.9 km R at Gordon Arms, SP Innerleithen, B709

Paddy Slacks Climb

128.3 km L, SP Cardrona B7062

133.7 km R, SP Cardrona Village

133.7km INFORMATION CONTROL - CARDRONA

Stage 6 – Cardrona to Innerleithen 5km

133.8 km RAB, 2nd exit onto Cardrona Way, Follow Cycle Route signs to Innerleithen

138.6 km L, onto Traquair Road

139.0 km FREE CONTROL – INNERLEITHEN (Co-op on L, café's, bakery etc)

Stage 7 – Innerleithen to Clovenfords 16km

139.0 km R, onto High Street

139.4 km R, onto Princes Street

139.8 km L onto The Tweed Valley Railway Path

140.3 km L, SP Walkerburn Cycle Path

142.4 km R at TJ, SP Cycle Route Galashiels

143.0 km L, SP Glenbenna

152.4 km R, after Bridge SP (Cycle Route) Galashiels
 153.3 km L, SP (Cycle Route) Clovenfords (road closed to traffic)
 154.7 km R at TJ, SP Bowlands B710
 154.8 km RAB 2nd Exit SP Bowlands,

154.8 km INFORMATION CONTROL – CLOVENFORDS

Stage 8 – Clovenfords to B709/B7007 28km

154.8 km R from former Hotel up the hill, SP Bowlands
 158.7 km Straight on at sharp right-hand bend. Between stone pillars
 159.9 km R at TJ, No SP
 163.8 km **Stow**
 163.8 km L, SP Fountainhall (Cycle Route)
 170.3 km L, SP Cycle Route
 176.0 km L at TJ, SP Innerleithen, B709

182.9 km INFORMATION CONTROL at Junction

Stage 9 – B709/B7007 to Finish 20km

Granites Climb

182.9 km R at TJ, SP Gorebridge
 192.3 km L at TJ, SP Edinburgh, A7
 200.5 km RAB 2nd Exit SP Edinburgh, A7
 201.6 km RAB 3rd Exit SP Edinburgh College, B6392
 202.4 km L, SP Edinburgh College
 203.0 km Far end of car park, follow Red signs to Cross Borders Brewing Co

ARRIVEE – CROSS BORDERS BREWING Co

Stage 1 – Eskbank to West Linton 26km 0.0 km Depart from Greggs 0.1 km R, onto Penicuik-Dalkeith Walkway (Opposite industrial Units) 1.5 km R, onto Dundas Street, B704 1.5 km Immediate L, onto Penicuik-Dalkeith cycle path 1.8 km SO follow cycle path 5.0 km RAB 2 nd Exit either follow cycle path or go onto main road, SP Howgate A6094 6.0 km RAB, 2 nd Exit onto A6094 10.9 km R, onto B6372, SP Penicuik 12.1 km R, onto The Brae, B7026 12.1 km L, onto Pomathorn Road, B6372, SP Penicuik 13.7 km L, SP Peebles, A701 15.1 km R, SP West Linton 25.3 km L at TJ, onto Deanfoot Road 25.3 km R, onto Deanfoot Road 25.8 km L at TJ, Main Street, B7059 FREE CONTROL – WEST LINTON (Co-op on left)	Stage 2 – West Linton to Tweedsmuir 32km 26.2 km R, onto Boggsbank Road (Weak Bridge Sign) 30.6 km R at TJ, SP Moffat, A701 35.0 km Continue onto A701 57.8km L, SP St Marys Loch 57.8 km INFORMATION CONTROL – TWEEDSMUIR
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Stage 3 – Tweedsmuir to Tushielaw 36km <u>Wall of Talla Climb</u> & past Meggat Reservoir 77.0km L at TJ, SP Selkirk, (A707) 84.1km R, SP Langholm, B709 <u>Berrybush Climb</u> 93.9 km CONTROL – TUSHIELAW	Stage 4 – Tushielaw to Yarrow Junction 17km 93.9km L at TJ, SP Selkirk, B7009 105.0 km L, No SP, 2 Posts no sign, slightly further up road Parking in passing places & Weak Bridge signs on LHS, minor road. <u>Witchie Knowe Climb</u> 110.4km INFORMATION CONTROL – YARROW JUNCTION
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Stage 5 – Yarrow Junction to Cardrona 23km 110.4 km L at TJ, SP Moffat 116.9 km R at Gordon Arms, SP Innerleithen, B709 <u>Paddy Slacks Climb</u> 128.3 km L, SP Cardrona B7062 133.7 km R, SP Cardrona Village 133.7km INFORMATION CONTROL - CARDRONA	Stage 6 – Cardrona to Innerleithen 5km 133.8 km RAB, 2nd exit onto Cardrona Way, Follow Cycle Route signs to Innerleithen 138.6 km L, onto Traquair Road 139.0 km FREE CONTROL – INNERLEITHEN (Co-op on L, café's, bakery etc)
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<p><u>Stage 7 – Innerleithen to Clovenfords</u> <u>16km</u> 139.0 km R, onto High Street 139.4 km R, onto Princes Street 139.8 km L onto The Tweed Valley Railway Path 140.3 km L, SP Walkerburn Cycle Path 142.4 km R at TJ, SP Cycle Route Galashiels 143.0 km L, SP Glenbenna 152.4 km R, after Bridge SP (Cycle Route) Galashiels 153.3 km L, SP (Cycle Route) Clovenfords (road closed to traffic) 154.7 km R at TJ, SP Bowlands B710 154.8 km RAB 2nd Exit SP Bowlands, 154.8 km INFORMATION CONTROL – CLOVENFORDS</p>	<p><u>Stage 8 – Clovenfords to B709/B7007</u> <u>28km</u> 154.8 km R from former Hotel up the hill, SP Bowlands 158.7 km Straight on at sharp right- hand bend. Between stone pillars 159.9 km R at TJ, No SP 163.8 km Stow 163.8 km L, SP Fountainhall (Cycle Route) 170.3 km L, SP Cycle Route 176.0 km L at TJ, SP Innerleithen, B709 182.9 km INFORMATION CONTROL at Junction</p>
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<p><u>Stage 9 – B709/B7007 to Finish 20km</u> <u>Granites Climb</u> 182.9 km R at TJ, SP Gorebridge 192.3 km L at TJ, SP Edinburgh, A7 200.5 km RAB 2nd Exit SP Edinburgh, A7 201. 6 km RAB 3rd Exit SP Edinburgh College, B6392 202.4 km L, SP Edinburgh College 203.0 km Far end of car park, follow Red signs to Cross Borders Brewing Co ARRIVEE – CROSS BORDERS BREWING Co</p>	
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