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| **Stage 1 – Across the Forest** | | |
|  | From Start thro’ bollards and **R at T** |  |
| 0.5 | **R at Mini-O** (2nd exit) | 0.5 |
|  | **L at Mini-O** (1st exit sp Beaulieu) | 0.6 |
| 0.1 | **L** (actually SO) on sharp RH bend (sp Undershore) | 1.2 |
| 1.5 | **L at T** at grass triangle (no sp) | 2.7 |
| 0.8 | **L at T** (sp Lymington) | 3.5 |
| 0.9 | **R** by Red Lion PH (sp Sandy Down) into Roydon Ln | 4.4 |
| 1.0 | **L at X** (sp Sandy Down) | 5.4 |
| 1.1 | **R at T** onto A337 (no sp) | 6.9 |
| 0.6 | **1st L** (no sp) and over CG | 7.5 |
| 0.8 | **2nd R** onto B3055 (sp Brockenhurst) and thro TLs | 8.3 |
| 1.9 | **L** at **stg X** (sp Village Centre) | 10.2 |
| 0.3 | Thro' watersplash and **R at T** (sp Rhinefield) | 10.5 |
| 6.9 | **SO at X** across A35 + 2 CGs {fast traffic on A35} | 17.4 |
| 4.2 | **L at T** (no sp) | 21.6 |
| 9.5 | **R** sp Mockbeggar) and thro' ford | 31.1 |
| 4.2 | **R at T** (no sp) | 35.3 |
| 0.1 | **L** (sp Stuckton) | 35.4 |
| 0.8 | **L at T** (sp Fordingbridge) | 36.2 |
| 1.7 | **R at T** and imm. **L at T** (sp Fordingbridge) | 37.9 |
| 0.3 | **L** (1st Exit) at  **mini O** | 38.2 |
| 5.5 | **R** (sp Martin) into High St | 43.7 |
| 4.0 | **L at** stgd **X** (sp Cranborne) ***INFO CONTROL*** | 47.7 |
| 6.3 | **R at T** (by Cranborne Stores) unreliable sp – Wimborne M. | 54.0 |
| 0.3 | **R into Cranborne Garden Centre Café Control. (Stickers on the counter)** | 54.3 |
| **Stage 2 – Back to Solent Shores** | | |
|  | From Control **L** downhill following road through village then….. |  |
| 1.3 | **R** (sp Crendell) | 55.6 |
| 1.5 | **R at T** (sp Crendell) | 57.1 |
|  | **L at T** (triangle) B3078 (sp Alderholt) | 59.2 |
|  | **R** (sp Ibsley) into Ringwood Road | 61.5 |
| 1.7 | **R at T** (no sp) | 63.2 |
| 1.4 | **3rd L** (sp Ibsley) | 64.6 |
| 1.9 | **R at T** (sp Ringwood A338) | 66.6 |
| 0.3 | **1st L** (sp Mockbeggar) into Mockbeggar Lane | 66.9 |
| 1.2 | Over CG and **R** at stg **X** (sp Moyles Court) | 68.1 |
| 0.9 | thro ford and keep **R** (sp Rockford) | 69.0 |
| 2.7 | Fork **L** towards thatched house( no sp) as road bends **R** | 71.7 |
| 0.2 | **L at T** (no sp) | 71.9 |
| 0,3 | **R** at **mini O** (sp Hightown) | 72.2 |
| 0.2 | 1st **L** (no sp) into Eastfield Lane | 72.4 |
| 0.8 | **R** at Elm Tree PH (sp Burley) into Crow Lane | 73.2 |
| 1.0 | **SO (L/R)** at **stg X** (sp Bransgore) | 74.2 |
| 1.2 | **L at T** (sp North Ripley) | 75.4 |
| 6.1 | **SO (L/R)** at **stg X** (sp Highcliffe) into Ringwood Road | 81.5 |
| 3.4 | **SO (L/R)** at **Stg X** over A35 at Cat & Fiddle PH (sp Walkford) {fast traffic on A35} | 84.9 |
| 2.1 | **L** (1st exit) at **Milestone O** (sp Lymington) onto A337 | 87.0 |
| 1.0 | **R** (sp Barton-on-Sea) into Western Ave | 88.0 |
| 0.8 | **L at T** (no sp) into Marine Drive West | 88.8 |
| 0.3 | **R at T** (no sp) | 89.3 |
| 1.3 | **L** at cul-de-sac sign into Becton Lane | 90.5 |
| 1.1 | **R at T** (sp Milford-on-Sea) into Milford Rd | 91.6 |
| 4.6 | **R** (sp Keyhaven) beside Milford Green | 96.2 |
| 0.1 | **L** at stg X (sp Keyhaven) | 96.3 |
| 0.6 | **R** into New Lane (Road liable to flooding sign) & follow left along coast | 96.8 |
| 1.9 | In Keyhaven just after 90 degree **L** bend opposite Car Park ***INFO CONTROL*** | 98.7 |
|  | **SELECT ALL TARMAC or PART GRAVEL option below** |  |

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| 2.7 | R at T (no sp) | 105.0 |
| 0.2 | 2nd L into North St (no sp) | 105.2 |
| 0.4 | L at O (first exit sp Lymington) | 105.7 |
| 0.8 | Get into RH lane approaching “Waitrose” and R at T (sp Christchurch) | 106.5 |
| 0.1 | 1st L (sp “Saturday market delays”) into St Thomas St | 106.6 |
| 0.6 | 1st L between Boots chemist and Costa (New St) | 107.0 |
| 0.3 | R into Cannon St. | 107.2 |
| 0.1 | FINISH CONTROL is on L, Lymington Community Centre | 107.3 |
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| **6A Final Approach – Ancient Highway option with 1km gravel ( 3kms shorter)** | | |
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|  | After INFO CONTROL Immediately R (no sp) into cul -de-sac |  |
| 0.6 | Thro' gate onto Ancient Highway | 99.2 |
| 1.8 | Continue thro’ gate onto lane | 100.7 |
| 1.8 | L at T (no sp) and immediate R (3rd exit) at O (sp Lymington) | 102.9 |
| 0.8 | Get into RH lane approaching “Waitrose” and R at T (sp Christchurch) | 103.8 |
| 0.1 | 1st L (sp “Saturday market delays”) into St Thomas St. | 103.9 |
| 0.6 | L between Boots chemist and Costa Coffee (New St) | 104.3 |
| 0.2 | R into Cannon St. | 104.5 |
| 0.1 | FINISH CONTROL is on L, Lymington Community Centre | 104.6 |
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| **6B Final Approach – all tarmac option** | | |
| 0.2 | After INFO CONTROL do not turn 1st R into cul-de sac, but continue and next R and R (no sp) into Lymore Lane | 98.9 |
| 2.7 | R at T (no sp) and R at T (sp Lymington) onto A337 | 101.7 |
| 0.3 | 1st L (sp Everton Village) | 102.0 |
| 0.3 | R (no sp) into Wainsford Rd | 102.2 |

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| **Direction abbreviations** | |
| **L** = left **R** = right  **SO** = straight on  **X** = cross roads  **T** = tee junction  **O**= roundabout  **TLs** = traffic lights | WoB = White on blue cycle route sp  *CG* = cattlegrid  (The above are only mentioned if helpful to navigation. There are many of each).  LH = left hand  RH = right hand  sp = signpost |
| Route sheet distances are in kilometres.  Left column is instruction to instruction distance.  Right column is cumulative distance travelled | |
| IF YOU ARE NOT GOING TO FINISH PLEASE RING THE FINISH PHONE 07598 314488 | |