

Gently Bentley The Copdock Circuit		
If you are unable to complete the ride, please inform the finish: 07922 772001 We hope you enjoy your ride.		
Total		Direction
0		L from the Village Hall
1.7	1.7	R @ T sp CAPEL ST MARY
2	0.3	1 st exit (L) @ RAB sp Capel St Mary
		Follow road thru village until
5.6	3.6	R @ T sp Washbrook, Hintlesham
6	0.4	1 st L no sp
7.5	1.5	L @ T sp RAYDON
8.7	1.2	R @ T sp Hadleigh B1070
9.2	0.5	1 st L no sp CARE uneven surface
10.3	1.1	L @ T sp SHELLEY
10.5	0.2	1 st R (SO) on LH bend sp SHELLEY
10.8	0.3	R @ T sp SHELLEY
11	0.2	INFO CONTROL @ bridge Answer questi o card

11		Continue SO from control
12.8	1.8	R @ T sp HADLEIGH
15.4	2.6	L @ T in Hadleigh
		<i>Shops & cafes</i>
15.7	0.3	2 nd exit (SO) @ mRAB
15.9	0.2	R on LH bend sp WHATFIELD (Calais Street)
16.3	0.4	2 nd exit (SO) RAB Cafe in Morrisons on R
16.9	0.6	SO @ stgd X (R/L) with A1071 sp Aldham Mill Lane CARE – FAST ROAD
24	7.1	INFO CONTROL @ T Answer questi o card

24		L from Control to BILDESTON
27.3	3.3	L @ T sp Sudbury B1115
27.5	0.2	R sp CHELSWORTH & MONKS ELEIGH (Sudbury B1115)
30.3	2.8	R IMM BEFORE T sp Kettlebaston (L to Corncraft Tea Room)
32.7	2.4	L @ T sp Preston St. Mary
34	1.3	R @ T (green triangle) sp PRESTON St MARY
34.6	0.6	CONTROL on R by Village Sign -Preston St. Mary (10:10 – 11:55)

34.6		Continue SO thru Preston
35.3	0.7	L @ T sp LAVENHAM
38.4	3.1	L @ T in Lavenham sp Hadleigh & Sudbury
		<i>Shops & cafes</i>
39.5	0.9	R on LH bend sp BRIDGE STREET
43.1	3.6	SO @ stgd X (R/L) no sp CARE – Fast Road
43.4	0.2	1 st R sp SHIMPLING (Aveley Lane)
46.6	3.2	L @ T by green triangle
		INFO CONTROL @ junct. Answer questi o card

46.6		L from Control and SO thru STANSTEAD
51.4	4.8	L @ T onto B1066 no sp
54	2.6	L @ T onto A1092 sp LONG MELFORD
55.1	1.1	R @ T sp Sudbury
55.7	0.6	Over bridge and L sp ACTON <i>IMM before Bull PH</i>
56.2	0.4	1 st exit (SO) @ mRAB
56.9	0.7	SO & stgd T (R/L) with A134 sp ACTON CARE fast road
57.9	1	2 nd R sp Acton Place Ind Est CONTROL @ WALLY'S CAFE (10:56 – 13:50)

58		From Wally's Cafe, return to road and R
60.3	2.5	L (SO) @ RH bend sp Lavenham
60.9	0.6	L @ T sp Lavenham <i>soon</i>
61.1	0.2	1 st R sp Gt. WALDINGFIELD
63.2	2.2	L @ T sp EDWARDSTONE & BOXFORD
64.8	1.6	R sp South Suffolk Route A
68.8	4	R @ T sp BOXFORD
69.3	0.5	L @ T sp Ipswich Hadleigh
		<i>Shops & pub</i>
69.7	0.4	R (SO) on LH bend no sp
70	0.3	L @ T onto A1071 sp Ipswich & Hadleigh
70.5	0.5	R sp Calais Street & POLSTEAD CARE
70.8	0.3	2 nd R (SO on LH bend) sp POLSTEAD

Key;
R – Right
L – Left
SO – Straight On / Over
X – Cross Roads
@ – at
sp – Sign Post
RAB / mRAB Roundabout / mini roundabout
stgd – Staggered
Imm – Immediately
eff - Effectively
Places in CAPITALS – you will pass through

72.7	1.9	R @ T sp South Suffolk Route A3
		SO thru POLSTEAD to STOKE by NAYLAND
75.3	2.7	L @ T sp Higham & Ipswich
77.7	2.4	CONTINUE SO Change to prev years as bridge over river closed to traffic and pedestrians)
80.6		1 st R sp STRATFORD St MARY
81.7		R to follow road (Higham Road)
82.4		R @ T no sp (Lower Street)
83.4		L & L at green tri on climb onto bridge over A12 sp DEDHAM (Stratford Road)
84.8	1.4	L @ T sp DEDHAM VILLAGE
		<i>Shops & cafes</i>
85.3	0.5	L sp IPSWICH (Mill Lane) In centre opp Church
		INFO CONTROL at junct. <i>Answer questi o card</i>

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on 07922 772001

85.3		Continue L sp IPSWICH
87	1.7	L by Church SP Ipswich
87.4	0.4	Under A12 & 1 st R sp HIGHAM (School Lane)
88.3	0.9	R @ T (SO) sp HIGHAM
89.3	1	R @ T by large green triangle sp Ipswich
		IMM L no sp (Hadleigh Rd)
92	2.7	Descend to INFO CONTROL at junct. <i>Answer questi o card</i>

		R up Sulley's Hill sp Holton St Mary
94.4	2.4	L @ T sp Raydon (B1070)
95.1	0.7	1 st R sp (Acacia Road)
97.2	2.1	R sp CAPEL ST Mary and Queens Head PH
		Return back thru Capel until
100.8	3.6	1 st exit (R) @ RAB sp Colchester (A12) BENTLEY
101.2	0.4	1 st L sp BENTLEY (missing this turning will take you onto the A12!!)
102.9	1.7	R into BENTLEY VILLAGE HALL
102.9		ARRIVEE (12:28 – 17:40)