



Many thanks for your entry to the Oasts and Coasts Permanent 300 km event.

The route starts from Meopham (Shopping) Parade but you may start and finish at any same control along the route providing a GPX and or FIT file as proof of passage.

Please familiarise yourself with the route noting that signs may have changed or be missing

Any comments and feedback on both the route and route sheet are always welcomed.

Enjoy your ride!

The route will take you over the Ashdown Forest to Battle, on to Rye, across the marsh to Hythe, around the Kent coast to Herne Bay with a gentle climb over the Downs and across the Medway to the finish.

The route includes a number of climbs for you to enjoy with spectacular views of Kent Castles, the White Cliffs of Dover and la Manche including cycle paths to avoid busy roads around Folkestone and Deal. Please be aware of walkers, children and dogs particularly on the Lower Leas Coastal Park after Hythe.

This is a scenic event, suited to experienced riders you will encounter a number of lumps, bumps and exposed coastal roads. You may ride any suitable pedal cycle, with or without mudguards, efficient lighting and bright, reflective clothing is essential, particularly for the dark lanes from Faversham to the finish.

Abbreviations used on the Route Sheet

\$ = Signpost

Xrds = Crossroads

TL = Traffic Lights

R = Right

L = Left

LH = Left Hand

RH = Right Hand

SO = Straight Over

RAB = Roundabout

MRAB = Mini Roundabout

You will pass through places in bold **CAPITALS**

Start Meopham Parade junction of Wrotham Road & Longfield Road

- 0 R \$ LONGFIELD (B260) Longfield Road
- 6.1 Left no \$ into Canada Farm Road cont to HORTON KIRBY
- 10.5 SO Xrds \$ FARNINGHAM into Eglantine Lane
- 12.1 SO A20 and L@T (A225) \$ EYNSFORD continue to OTFORD
- 21.1 2nd exit at (Duck Pond) RAB 6'6" into High Street
- 23.6 R \$ Bromley (over M25) and L@T \$ Dunton Green
- 24.4 2nd exit at RAB \$ (B2211) BRASTED
- 28 R @ TL by White Horse PH continue to BRASTED
- 29.4 L \$ TOYS HILL into Chart Lane
- 34.9 L into South Brook Lane
- 35.6 SO Xrds into Roodlands Lane
- 37.3 L@T \$ HEVER
- 37.5 Second Right \$ HEVER into How Green Lane
- 39.2 R@T \$ HEVER into Hever Road
- 41.1 L@T \$ Markbeech into Uckfield Lane
- 43.4 SO @ Xrds into Cow Lane by Kentish Horse PH
- 44 R@T \$ COWDEN STATION
- 45.5 L @ Xrds \$ HARTFIELD (B2026)
- 47.9 L and R \$ HARTFIELD into Edenbridge Road
- 51.1 R@T \$ Forest Row (through Hartfield village)
- 51.7 L \$ MARESFIELD (B2026) into Jib Jacks Hill
- 62.6 L@T \$ MARESFIELD
- 64 1st exit (straight on) at MRAB in High Street
- 64.7 2nd exit at Budletts RAB \$ Uckfield North
- 67.4 CONTROL** - *Several cafes located along main thoroughfare*

- 68 L@TL \$ FRAMFIELD continue to Heathfield
- 74 L@T \$ HEATHFIELD into Lewes Road
- 78 R@T \$ HEATHFIELD (A267) continue thru Heathfield
- 81.2 R \$ BATTLE (B2096) into Battle Road (to Netherfield)
- 93.8 L \$ Mountfield into Netherfield Road
- 98.1 R@T \$ BATTLE
- 98.5 First exit at RAB \$ (Battle) Town Centre
- 98.8 CHECK**
- Several cafes located along main thoroughfare*
- 99.3 L @ MRAB into Marley Lane
- 102.5 R@T \$ SEDDLESCOMBE (A21)
- 103.3 L \$ SEDDLESCOMBE (B2244)
- 104.3 R \$ BREDE into Brede Lane
- 106.1 Keep right at green triangle \$ BREDE
- 109 L@T \$ Broad Oak (A28) into Cackle Street
- 110.3 R @ Xrds \$ RYE
- 119.1 Second exit at MRAB (RYE)
- 120.3 Over railway Xing, follow one way system
- 120.6 Bear Left by Cinque Ports PH \$ Town Centre
- 120.8 Straight over MRAB and left \$ Other Routes
- 121.3 L@T (A268) and over railway bridge shortly
- 121.4 R \$ APPLIEDORE into Military Road
- 130.6 R@T \$ BRENZETT (B2080)

- 136.6 2nd exit @ RAB \$ Ashford
- 136.7 1st exit @ RAB \$ Hamstreet (A2070) where shortly
- 136.7 R \$ IVYCHURCH (to pass aeronautical museum)
- 139.1 L@T \$ Ashford and shortly
- 139.2 R over small bridge (two cottages to your left & ditch to right)
- 142.9 R@Xrds \$ NEWCHURCH
- 144.7 R@T \$ St Mary in the Marsh (NEWCHURCH) sign bent
- 145 L \$ Hythe into The Street (church on the right)
- 147.7 L@T \$ Ashford and immediately
- 147.8 R \$ HYTHE
- 153.6 R \$ HYTHE into Burmarsh Road after bridge by green triangle
- 156 L@T no sign (A259) into Hythe
- 157.5 L@TL by Mick's Tackle and shortly left

157.6 CONTROL Hythe

Several cafes located along main thoroughfare

- 157.6 R @ TL \$ Folkestone (A259) into Military Road
- 158 R \$ Stade Court Hotel (over bridge) into Stade Street
- 158.5 L \$ Swimming Pool into South Road
- 158.8 R@T into Princes Parade along sea front
- 160.2 R@T (A259) to SANDGATE into Sandgate Esplanade
- 162 R by Royal Norfolk Hotel into Lachlan Way
- 162.3 Bear left - Cycle Way 2 - and climb up to
- 163.8 Lower Leas Coastal Park thru Toll House gates
Continue thru park with care to Marine Parade & follow one way system
- 164.7 L into Marine Terrace and shortly
- 164.8 R \$ All Routes pass Harbour Minimart into Lower Sandgate Road
- 165.2 R after traffic lights into Tram Road and immediately
- 165.3 R into Radnor Street under bridge and immediately
- 165.3 L \$ Cycle Way 2 into North Street
- 165.4 R into The Durlocks by the Lifeboat PH
- 165.7 R@Xrds into Wear Bay Road
- 167.4 R into Standbury Crescent \$ Cycleway 2 cont to end
- 167.7 Take Cycleway 2 into Dover Road up to end of cul-de-sac
- 167.8 R on Cycle Way 2 alongside Dover Hill (B2011)
- 167.8 Cross B2011 (or stay on path) to climb pass Valiant Sailor PH
- 168.9 R \$ Lighthouse Inn into Old Dover Road
- 170.6 R@T into New Dover Road (B2011)
- 171.3 2nd exit @ RAB \$ West Hougham (B2011)
- 171.5 1st exit @ RAB \$ West Hougham (B2011) continue to Dover
- 176 2nd exit a MRAB (straight on) pass Dover Priory Railway Station
- 177 1st exit RAB \$ Temple Ewell

- 177.2 R @ TL \$ Police Station into Ladywell
- 177.5 R @ TL \$ Deal (A258)
- 177.9 L @ TL \$ Dover Castle (and enjoy castle views to right)
- 179.1 R \$ White Cliffs into Upper Road to ST MARGARETS AT CLIFFE
- 184.5 L@T (High Street) to pass Hope Inn (now closed)
- 184.7 R by Red Lion PH into Kingsdown Road Cycle Way 1 \$ Deal
Cont along cycleway, watch out for walkers & two LARGE BOLLARDS
- 188.4 L@T and continue to sea front on your right
Follow Cycle Route 1 keep sea front to your right pass Walmer Castle
- 193.1 R into Ranelagh Road (**easy to miss**) to sea front where
- 193.3 L@T \$ Cycle Way 1 \$ Sandwich and continue along sea front
At end of Seafront (The Marina) continue into Godwyn Road

195.1 Control

There are a number of cafes located along sea front (Beach Street)

- 195.3 R@T \$ Caravan (Cycle Way 1) into Golf Road
- 195.4 L really straight on into CR1 \$ SANDWICH (Golf Road)
- 202.1 R really straight on \$ All routes
- 202.3 L into The Quay (car park & toilets to your right)
- 202.5 R@TL over bridge
- 202.6 1st exit @ MRAB (really straight on)
- 203.5 2nd exit @ RAB (straight on) \$ Discovery Park
- 204.9 R Immediately before RAB onto CR \$ 15 Ramsgate
- 207 Immediately after Gulf Garage cross carriageway at TLS and
- 207 R \$ Minister follow cycle route to 1st exit \$ Ebbsfleet Farm
- 207.7 Right on to cycle path (after Southern Water) over railway Xing
- 209.2 L@T \$ MINSTER
- 211.4 R@T \$ BIRCHINGTON
- 212.2 2nd exit @ RAB \$ ACOL
- 212.6 1st exit @ RAB \$ ACOL into Minster Road
- 215.8 R@T immediately Left at MRAB into The Square
- 217.5 L@T \$ Reculver Cycle Way cont to car park (Public Toilets)
- 218 Information Control**
- 218.1 Take Viking Coastal Trail \$ RECULVER at end of car park
Watch out for the BOLLARD cont on sea wall to RECULVER
- 224.2 L@T by King Ethelbert PH pass café continue up lane
- 226.3 R@T (conifer hedge to your left) into Reculver Road
- 226.6 2nd exit @ MRAB (straight on) continue to BELTINGE
- 228.2 R \$ Sea Front (missing) into Sea View Road
- 229.6 R@ Xrds into Central Parade (along sea front to)
- 230.1 Control (Macaris Ice Cream Parlour great choice)**

231 Continue along sea front until Hamptons PH where after 200M
232.3 R onto Cycle way SP Whitstable Oyster Trail
235.1 L (before first beach hut) on footway up to Marine Crescent
235.3 R@T into Marine Crescent and follow one way to
235.5 Forward over Xrds into Saint Swithin's Road
235.7 Keep Right into Tankerton Road
236.6 Forward over RAB into Tankerton Road
Forward over all roundabouts to WHITSTABLE town centre
237.6 Forward over Traffic Lights into Harbour Street
238 L@T into High Street by Duke of Cumberland PH
SO @ Mini RAB and SO @ TLs under railway bridge
239.2 R \$ SEASALTER into Joy Lane
248.6 R @ Xrds \$ Faversham
250.4 1st exit @ RAB \$ All Routes (B2040) into Love Lane
251.1 R@T no sign (A2) pass Shell Garage
254.1 Forward over RAB \$ Teynham (A2)
254.8 L \$ NEWNHAM Faversham Rd thru NEWNHAM & DODDINGTON
At end of Doddington village immediately after flower bed traffic calming
262.8 R \$ HOLLINGBOURNE into Ringlestone Road
263.4 Bear Left (gravel in the road when we were there)
Follow all signs to Hollingbourne to pass (closed) Ringlestone Inn to
270.8 L @ Xrds \$ HOLLINGBOURNE
descend hill with care but NOT all the way you are turning right
272.4 R \$ THURNHAM into Pilgrims Way
272.4 Information Control at Junction

277.2 Forward over Xrds \$ DETLING by Black Horse PH
278.7 R@T (Cock Horse PH) and follow road to the left & shortly
278.8 R by white railings onto (Jade's Crossing) \$ North Downs Way
279.1 Over bridge and RIGHT (Pilgrims Way)
281.2 L@T \$ BOXLEY thru village negotiate SPEED HUMPS
282.7 R \$ SANDLING into Grange Lane
284.3 R@T no \$ pass pillar box (M20 to your left) and shortly
284.6 L \$ Chatham into Tyland Lane
285.2 R into Old Chatham Road
Negotiate traffic cones on right with care or take cycleway to
285.6 Cycleway 17 \$ Rochester on right hand side
286.2 R into Pilgrims Way cycleway
286.2 L \$ Rochester (North Downs Way – Shell Garage)
286.2 Control

- 286.2 Continue on North Downs Way and under dual carriageway
 - 286.3 R@T no sign and shortly
 - 288.4 L@T take care of parked HGV trucks to Lower Bell PH where
 - 286.7 L@Xrds (descend hill with care - turning right shortly)
 - 287.1 R \$ BURHAM on LH bend and continue thru Burham village
 - 294.4 R@T \$ Borstal under M2 and channel railway bridges shortly
 - 294.5 L \$ CUXTON on North Downs Way cross M2 bridge
 - 295.8 R at end of bridge and up to A228 where
 - 295.9 L \$ CUXTON cross over M2 and channel railway
 - 296.2 1st exit RAB \$ West Malling (A228)
- Descend Sundridge Hill – take care here this road can be busy

GPX track continues on footway – take care of bollards – alongside main carriageway and roundabout, descend hill.

- 297.4 Right after garage at bottom of hill into Bush Road
 - 300.8 Continue thru village over lumps
 - 301.1 Keep left \$ Meopham (do NOT turn right up hill & under railway)
 - 301.9 R \$ Meopham (opposite Golden Lion PH) into HENLEY STREET
 - 304 L@T no sign into SOLE STREE to pass Railway Inn
 - 305.9 L@T \$ Wrotham (A227)
- 306 FINISH Meopham Shopping Parade**