BREAKFAST IN BAMPTON 100K 29th November 2025 Start from Younghayes centre, Cranbrook, EX5 7DR.

Section 1 – Cranbrook to Exeter (10k)

R from control 2nd exit round

SO TL

Bear R @ TL \$ CLYST HONITON

In CLYST HONITON:

R -Blackhorse lane, blue cycle sign for city center. Continue across all roads until Cross Redhayes bridge and continue on cycle path R @ Staggered X \$ City Centre SO round

SO TL \$ City Centre

SO TL (by Aldi)

R@TL\$CityCentre

SO all TLs, until round, where:

2nd exit round

R@TL(YorkRd)

R@TandimmL@round

R@round

3rd exit round (clock tower)

SO TL INFO CONTROL AT THIS JUNCTION - SEE BREVET CARD

Section 2 – Exeter to Bampton (45k)

SO TL

2nd exit round

A396 follow to TIVERTON

SO double round \$ Witheridge

L at mini round, \$ Witheridge.

Bear L onto Leat Street

2nd exit round \$ BAMPTON

2nd exit round \$ other routes

1st exit round \$BAMPTON

1st exit round \$ BAMPTON

2nd exit round \$BAMPTON

Follow through BOLHAM and COVE 2nd exit round \$ BAMPTON

L@TCONTROL on RHS-THE BRIDGE INN.

Section 3 Bampton to Wiveliscombe (61k)

R from CONTROL

Follow to WIVELISCOMBE. Take care on decent into WIVELISCOMBE – sharp corners. L into West road \$ local services

CONTROL - collect a receipt from Wiveliscombe

Section 4.

Wiveliscombe to Wellington (71k) Continue from control

SO TL

L \$ WELLINGTON

SOX \$ WELLINGTON

R@T\$WELINGTON

R@T

CONTROL - Greggs in Wellington.

Section 5

Wellington to Cranbrook (106k)

Continue from Control

SO TL

L Bagley road \$ SAMPFORD MOOR

R@TandimmL\$SAMPFORDMOOR

Cross M5

L@X\$CULMSTOCK

Follow through CRADDOCK

L \$ Ashill

1st R

SOX

L@X\$KENTISBEARE

R @ T \$ KENTISBEARE

In KENTISBEARE L @ T \$ Cullompton

3rd L \$ DULFORD

R@T

L @ T A373 continue through DULFORD

R Oak Close \$ TALATON 4 miles (small signpost)

R \$TALATON

L @ T, \$ Fairmile

R \$ WHIMPLE

R@T\$Exeter

L @ miniround \$ Exeter

R @ T \$ CRANBROOK

SO round

R @ round – finish CONTROL: Cranberry farm.

Key: imm = immediately round = roundabout = signposted L = left R = right LHS = left hand side RHS = right handside SO = straight over TL = traffic lights T = T-junction X = crossroads.