

Dist	Type	Note	Next
0.0		Start of route	0.0
0.0		L onto Tudor Lane	0.0
0.1		L onto Tudor Street	1.0
1.1		Slight R onto Kitchener Road	0.1
1.2		L onto Atlas Road	0.8
2.0		Sharp L onto Sanatorium Road	0.2
2.1		R	0.0
2.1		L	0.0
2.1		L	0.0
2.2		R onto Sanatorium Road	0.5
2.7		Continue onto The Boulevard	0.4
3.1		R onto The Boulevard	0.3
3.4		R	0.0
3.4		L	0.2
3.6		L	0.1
3.7		L	0.1

3.7 kilometers. +9/-8 meters

Dist	Type	Note	Next
3.8		Sharp L	0.0
3.8		Keep R	0.0
3.8		Sharp R onto Riverside Terrace	0.0
3.8		L onto Cowbridge Road West	0.3
4.1		Keep L onto Cowbridge Road West	0.4
4.6		R onto Cowbridge Road West	0.5
5.1		L onto Cowbridge Road West	0.0
5.1		R onto Cowbridge Road West	0.0
5.1		L onto Caerau Lane	0.9
6.1		R onto Heol Trelai	0.1
6.2		Keep L onto Heol Trelai	0.2
6.3		Keep L onto Heol Trelai	0.1
6.4		Keep L onto Heol Trelai	0.0
6.4		L onto Cowbridge Road West	0.6

2.7 kilometers. +35/-0 meters

Dist	Type	Note	Next
6.9		Keep L onto Cowbridge Road West	0.1
7.0		Keep R onto Cowbridge Road West	0.1
7.1		L onto Michaelston Road	0.0
7.1		R onto Cowbridge Road West	0.1
7.2		At roundabout, take exit 3 onto Culverhouse Cross Interchange	4.6
11.8		R	0.2
12.1		Keep L	0.3
12.4		Slight R onto A48	5.8
18.2		Keep L onto Cowbridge Bypass	3.5
21.7		Slight L onto A48	0.1
21.8		Keep L onto A48	0.0
21.8		At roundabout, take exit 3 onto A48	0.8
22.7		L	0.0
22.7		R	1.3

16.3 kilometers. +189/-181 meters

Dist	Type	Note	Next
24.0		L	0.0
24.0		L onto A48	4.3
28.3		Keep L	0.4
28.7		Keep L	1.7
30.4		R	0.0
30.4		L	0.1
30.5		L	0.0
30.5		R	0.0
30.6		L	0.9
31.4		L onto Heronston Lane	0.0
31.5		Sharp R onto Island Road	0.2
31.7		Keep L onto Island Road	0.0
31.7		At roundabout, take exit 3 onto Island Road	1.5
33.2		Sharp R	0.0
33.2		Sharp L	0.2
33.4		L	0.0
33.4		R onto Island Road	0.0

10.7 kilometers. +69/-115 meters

Dist	Type	Note	Next
33.4	↑	At roundabout, take exit 1 onto By Pass Road	2.1
35.6	↰	Keep L onto A48	0.1
35.6	↑	At roundabout, take exit 1 onto A48	0.8
36.4	↑	At roundabout, take exit 3 onto A48	3.9
40.3	↰	Keep L onto A48	0.2
40.6	↑	At roundabout, take exit 5 onto Pyle Road	0.3
40.9	↰	Slight L onto A48	2.2
43.1	↻	Sharp R	0.0
43.1	←	L	1.2
44.3	←	L	0.0
44.4	→	R onto Margam Castle Way	2.3
46.7	↰	Keep L onto Margam Castle Way	0.0
46.7	↑	At roundabout, take exit 3 onto Margam Road	0.4
47.1	←	L	0.9
48.0	↗	Slight R onto Abbott's Close	0.2

14.6 kilometers. +130/-142 meters

Dist	Type	Note	Next
48.2	↗	Keep R onto Abbotts Close	0.0
48.2	←	L onto Margam Road	0.8
49.1	←	L onto Landore Avenue	0.1
49.2	→	R onto Toronto Avenue	0.1
49.2	↗	Slight R onto Pant Celydd	0.1
49.3	↰	Slight L	0.7
50.0	↑	Continue onto Prince Street	0.1
50.1	←	L	0.2
50.3	→	R onto Duke Street	0.0
50.4	←	L onto Margam Road	0.2
50.6	←	L onto Penrhyn Street	0.1
50.7	→	R onto Central Road	0.4
51.1	←	L	0.1
51.2	→	R onto Upper West End	0.2
51.4	→	R	0.5
51.9	←	L	0.5
52.4	←	L	0.1

4.4 kilometers. +11/-19 meters

Dist	Type	Note	Next
52.5	←	L	0.0
52.5	→	R	0.9
53.4	←	L	0.0
53.4	→	R	0.1
53.5	↰	Keep L	0.2
53.7	↰	Slight L	0.1
53.8	↰	Keep L	0.5
54.2	↻	Sharp R	1.6
55.8	→	R onto Moor Road	0.0
55.8	←	L onto Baglan Way	0.3
56.1	↰	Keep L onto Baglan Way	0.0
56.1	↑	At roundabout, take exit 3	0.1
56.2	→	R	0.1
56.3	→	R	0.4
56.7	↰	Slight L	0.5
57.2	↑	Continue	1.2
58.4	↰	Keep L	0.1

6.0 kilometers. +22/-14 meters

Dist	Type	Note	Next
58.5	→	R	1.7
60.2	→	R	1.3
61.5	↰	Keep L	0.1
61.6	↗	Keep R	0.1
61.7	←	L	0.3
61.9	←	L	0.0
62.0	→	R onto Ffordd Amazon	0.0
62.0	↑	At roundabout, take exit 3 onto Ffordd Amazon	0.5
62.5	↑	At roundabout, take exit 2 onto Ffordd Amazon	0.1
62.5	→	R	0.0
62.6	←	L	1.4
64.0	→	R onto Baldwin's Crescent	0.1
64.1	→	R	3.3
67.5	←	L	0.0
67.5	→	R	0.3
67.8	↗	Keep R	0.0

9.4 kilometers. +46/-50 meters

Dist	Type	Note	Next
67.8		Keep L	0.2
68.0		R onto Somerset Place	0.0
68.0		R onto Quay Parade	0.0
68.0		Sharp L onto Wind Street	0.0
68.0		L onto Little Wind Street	0.1
68.1		R onto York Street	0.1
68.3		L	0.1
68.3		R	0.1
68.5		Keep R	0.5
69.0		R	0.0
69.0		L	0.5
69.5		Slight R onto Swansea Bay Cycle Path	2.2
71.6		Keep L onto Swansea Bay Cycle Path	1.1
72.7		Keep R	0.1
72.8		Keep R onto Swansea Bay Cycle Path	0.0

5.0 kilometers. +23/-24 meters

Dist	Type	Note	Next
72.8		R onto Swansea Bay Cycle Path	0.4
73.2		R	0.4
73.6		L	1.2
74.8		R	0.0
74.8		L onto Mayals Road	2.7
77.5		L onto Bishopston Road	0.0
77.5		R onto Church Lane	0.5
78.0		L onto Pennard Road	2.4
80.4		R onto Linkside Drive	0.0
80.4		L onto Sandy Lane	0.4
80.8		Keep R onto PD16	0.1
80.9		Keep L	0.0
80.9		Slight L	0.3
81.2		L	0.0
81.3		R	0.0
81.3		L onto South Gower Road	10.4
91.7		R	0.1

18.9 kilometers. +259/-218 meters

Dist	Type	Note	Next
91.8		Continue onto Monksland Road	0.4
92.2		R onto B4247	5.5
97.7		Get till receipt	5.5
103.2		L onto Monksland Road	0.4
103.6		Continue	0.1
103.7		L onto A4118	1.2
104.9		L	2.7
107.5		Keep L	0.6
108.1		R	0.0
108.2		R	0.3
108.5		Sharp L	0.7
109.2		Slight R	3.0
112.2		L	0.2
112.4		R onto Malt Hall	0.0
112.4		L onto Mill Lane	0.2
112.6		L onto Mill Lane	0.1
112.7		Slight R onto Marsh Road	4.0

21.0 kilometers. +199/-227 meters

Dist	Type	Note	Next
116.8		Keep L	0.1
116.9		L onto Forge Road	0.3
117.2		Slight L onto Pencaerfenni Lane	0.5
117.7		L onto New Road	1.7
119.4		Penclawdd	0.4
119.8		L onto North Gower Trail	1.5
121.3		Keep R	0.1
121.4		Slight L onto Penclawdd Road	1.5
122.9		L	1.3
124.1		L onto Mill Street	0.6
124.7		Keep L onto Victoria Road	0.1
124.8		At roundabout, take exit 3 onto Victoria Road	0.5
125.3		R onto Swansea Road	0.2
125.5		Sharp L	0.7
126.2		L onto Railway Terrace	0.3
126.5		R onto High Street	0.6

13.7 kilometers. +53/-45 meters

Dist	Type	Note	Next
127.1	↑	At roundabout, take exit 2 onto Gorseinon Road	1.6
128.7	↰	Keep L onto Gorseinon Road	0.0
128.8	↑	At roundabout, take exit 2 onto A48	0.3
129.0	→	R onto Old Llangfelach Road	0.0
129.0	←	L	2.8
131.9	→	R	0.4
132.3	←	L onto Heol Fach	0.1
132.3	→	R	0.9
133.2	←	L onto Long View Road	0.0
133.2	→	R onto Clasemont Road	2.1
135.3	↑	At roundabout, take exit 3 onto Clase Road	0.6
135.9	↑	At roundabout, take exit 3 onto Morganite Roundabout	0.8
136.7	↑	Continue onto Peniel Green Road	0.4
137.1	→	R onto Station Road	0.6

10.6 kilometers. +133/-141 meters

Dist	Type	Note	Next
137.7	↰	Slight L onto Bethel Road	0.3
138.0	→	R	0.7
138.7	←	L	0.1
138.8	←	L onto Frederick Place	0.8
139.5	→	R onto Park Avenue	0.2
139.7	→	R	0.8
140.5	←	L onto Crymlyn Road	0.7
141.3	←	L onto Stanley Road	0.2
141.5	→	R onto New Road	1.6
143.1	↰	Keep L onto Neath Abbey Road	0.1
143.2	↑	At roundabout, take exit 1 onto Neath Abbey Road	1.0
144.2	↰	Keep L onto A474	0.0
144.2	↑	At roundabout, take exit 3 onto B4434	0.2
144.5	↰	Keep L onto B4434	0.0
144.5	↰	Slight L onto Riverside Drive	0.3

7.4 kilometers. +41/-84 meters

Dist	Type	Note	Next
144.8	↑	At roundabout, take exit 2 onto Prince of Wales Drive	0.1
145.0	←	L onto Prince of Wales Drive	0.3
145.2	↑	At roundabout, take exit 3	0.5
145.7	←	L onto Cimla Road	6.0
151.7	←	L onto Afan Valley Road	7.5
159.2	←	L onto Glenavon Street	0.1
159.3	↗	Slight R onto Afan Valley Cycle Track	0.1
159.4	ⓘ	Cymmer	0.1
159.5	→	R	0.1
159.6	↗	Slight R	0.1
159.7	→	R	0.0
159.7	←	L onto Afan Valley Cycle Track	3.0
162.7	↗	Keep R onto Afan Valley Cycle Track	1.0
163.7	→	R onto Station Road	0.1
163.7	←	L onto Commercial Street	0.2

19.2 kilometers. +439/-167 meters

Dist	Type	Note	Next
163.9	←	L onto High Street	5.0
168.9	↗	Keep R onto A4107	1.3
170.2	↗	Keep R onto A4107	0.0
170.3	↻	Make a U-turn onto A4107	0.1
170.4	↗	Keep R onto A4107	0.0
170.4	→	R onto A4061	3.6
174.0	↗	Keep R	0.1
174.1	↰	Slight L onto Craig-fryn Terrace	0.1
174.2	→	R	0.1
174.2	←	L onto Commercial Street	0.1
174.3	↗	Slight R onto Dinam Street	0.0
174.4	↗	Keep R onto Dinam Street	0.2
174.6	↑	Continue onto Dinam Street	0.4
175.0	↑	At roundabout, take exit 3 onto Ogwy Street	2.0
177.0	→	R onto Corbett Street	0.3
177.3	→	R	0.0

13.5 kilometers. +236/-399 meters

Dist	Type	Note	Next
177.3	←	L onto St John Street	0.5
177.8	→	R onto Bridge Street	1.2
179.0	→	R onto Pentrebeili Place	0.1
179.1	↙	Keep L onto Pentrebeili Place	0.6
179.8	↙	Keep L	0.0
179.8	→	R onto Heol Pant-yr-Awel	0.2
180.0	↙	Keep L onto A4061	1.3
181.3	↗	Sharp L onto Graig Terrace	6.7
188.0	↑	At roundabout, take exit 1 onto Gilfach Road	0.5
188.6	→	R onto Worcester Court	0.1
188.6	←	L	0.1
188.7	→	R	0.1
188.8	←	L	0.1
188.8	↙	Slight L	0.4
189.2	→	R onto Nant Eirin	0.5
189.7	→	R onto Tynybryn Road	1.2

12.4 kilometers. +213/-237 meters

Dist	Type	Note	Next
190.9	↙	Keep L	0.0
190.9	→	R onto Penygarn Road	0.3
191.2	→	R	0.2
191.4	←	L	0.5
191.8	←	L	2.9
194.7	←	L	0.2
194.9	→	R onto Rhodfa Marics	0.2
195.1	←	L	0.3
195.4	↙	Keep L	0.0
195.4	↗	Sharp R	0.0
195.4	←	L	0.3
195.7	→	R	0.0
195.8	↙	Slight L onto Ely Valley Road	0.3
196.1	↙	Slight L onto Ely Valley Road	0.1
196.2	→	R onto Talbot Road	0.2
196.3	←	L onto Stuart Terrace	0.1

6.6 kilometers. +20/-63 meters

Dist	Type	Note	Next
196.4	←	L onto Cowbridge Road	0.3
196.7	→	R onto Clos Springfield	0.0
196.7	←	L	0.2
197.0	←	L onto Cowbridge Road	0.8
197.7	←	L onto Heol Miskin	1.2
198.9	→	R onto School Road	0.2
199.1	→	R onto Hensol Road	2.6
201.7	←	L	0.4
202.1	→	R	1.3
203.4	↗	Sharp L onto Pont Sarn Lane	3.6
207.0	←	L onto St Bride's Road	3.2
210.1	→	R onto Crofft-Y-Genau Road	0.9
211.1	←	L onto Cardiff Road	2.7
213.8	←	L onto Waungron Road	0.3
214.1	↑	Continue onto Pencisely Road	1.2
215.3	↑	Continue onto Pencisely Road	0.0

19.0 kilometers. +175/-210 meters

Dist	Type	Note	Next
215.3	↑	Continue onto Penhill Road	1.8
217.1	↙	Keep L onto Lower Cathedral Road	0.1
217.2	↑	At roundabout, take exit 1 onto Clare Street	0.0
217.3	←	L onto Dispenser Street	0.1
217.4	→	R onto Beauchamp Street	0.1
217.5	↗	Keep R	0.1
217.6	←	L onto Tudor Street	0.0
217.6	→	R onto Tudor Lane	0.0
217.7	→	R onto Tudor Lane	0.0
217.7	📍	End of route	0.0

2.4 kilometers. +4/-11 meters