

Dist	Type	Note	Next
0.0		Start of route	0.0
0.0		L onto Tudor Lane	0.0
0.1		R	0.1
0.2		R onto Tudor Lane	0.0
0.2		L	0.1
0.3		L	0.1
0.4		L onto Wood Street	0.0
0.4		R	0.0
0.4		L	0.0
0.4		Sharp L onto Millennium Walkway	0.3
0.8		Sharp R	0.0
0.8		Sharp L onto Saunders Road	0.0
0.8		L onto Penarth Road	0.0
0.8		R	0.0
0.8		Sharp L	0.0
0.8		R onto Saint Mary Street	0.2

0.8 kilometers. +4/-0 meters

Dist	Type	Note	Next
1.0		At roundabout, take exit 1 onto Callaghan Square	0.2
1.2		Keep L onto Herbert Street	0.1
1.2		Slight L onto Herbert Street	0.0
1.2		L onto Herbert Street	0.5
1.7		At roundabout, take exit 2 onto East Tyndall Street	0.3
2.1		At roundabout, take exit 2 onto East Tyndall Street	0.5
2.6		L onto East Tyndall Street	1.0
3.5		R onto North Park Road	0.2
3.8		L onto Tweedsmuir Road	1.2
4.9		R onto Rover Way	0.4
5.3		At roundabout, take exit 1 onto Rover Way	0.1
5.4		At roundabout, take exit 2 onto Lamby Way	0.1
5.6		L onto Lamby Way	0.7
6.3		At roundabout, take exit 2 onto Wentloog Avenue	1.2

5.4 kilometers. +16/-20 meters

Dist	Type	Note	Next
7.5		At roundabout, take exit 2 onto Wentloog Avenue	0.9
8.4		At roundabout, take exit 2 onto Wentloog Avenue	0.2
8.6		At roundabout, take exit 3 onto Wentloog Road	10.9
19.4		Sharp R	0.2
19.6		R	0.3
19.9		L	0.2
20.1		R	0.1
20.2		R	0.3
20.5		R onto Maesglas Road	0.4
20.9		L onto Docks Way	0.5
21.4		At roundabout, take exit 2 onto Docks Way	0.3
21.6		R onto Mendalgief Road	0.5
22.1		Sharp R onto Alexandra Road	0.0
22.1		Sharp L onto Usk Way	0.5
22.7		At roundabout, take exit 2 onto Usk Way	0.4

16.4 kilometers. +40/-40 meters

Dist	Type	Note	Next
23.1		Continue onto Usk Way	1.9
24.9		At roundabout, take exit 3 onto Nash Road	1.6
26.5		R onto Nash Road	0.2
26.7		L onto Broad Street Common	3.3
30.0		L	3.5
33.6		R onto North Row	2.2
35.7		R onto Green Street	0.4
36.2		Slight L onto South Row	0.0
36.2		Control	1.5
37.7		R onto Green Street	1.1
38.8		R onto The Causeway	1.3
40.1		R onto Church Road	0.6
40.6		Keep L onto Church Road	0.0
40.6		Slight L onto Church Road	0.4
41.0		R onto Newport Road	3.6
44.6		L onto Dewstow Road	2.0

21.9 kilometers. +69/-66 meters

Dist	Type	Note	Next
46.6	←	L	0.6
47.3	i	Info control	0.0
47.3	→	R onto Roman Road	0.5
47.7	→	R onto A48	3.0
50.7	↑	At roundabout, take exit 1 onto Parkwall Hill	1.9
52.6	→	R onto Mathern Road	1.1
53.7	←	L onto Malthern Road	1.5
55.2	→	R onto Maple Avenue	0.1
55.3	→	R	0.0
55.3	←	L onto Link Road Path	1.0
56.3	↑	Continue onto Link Road Path	0.4
56.7	→	R onto Caerwent Lane	0.1
56.8	←	L	3.8
60.6	↗	Slight R onto Bridge Access Road	0.3
60.9	→	R onto Passage Road	0.9
61.7	←	L	0.0

17.1 kilometers. +131/-130 meters

Dist	Type	Note	Next
61.8	→	R	0.6
62.4	←	L onto Passage Road	0.3
62.7	↗	Slight R	0.6
63.3	←	L	0.4
63.7	↗	Slight R onto Aust Road	0.0
63.7	↖	Keep L	0.3
64.0	↖	Slight L onto Northwick Road	0.2
64.2	↘	Sharp R	0.4
64.6	←	L onto Severn Road	0.2
64.8	←	L	0.3
65.1	↑	Continue	0.1
65.2	←	L onto Northwick Road	0.1
65.3	→	R onto Northwick Road	0.2
65.5	←	L onto Redham Lane	0.4
65.9	→	R onto Gumhurn Lane	0.0
65.9	→	R	0.7
66.6	←	L onto Bank Road	0.1

4.9 kilometers. +12/-14 meters

Dist	Type	Note	Next
66.7	→	R onto Roy Edwardes Way	0.1
66.8	↗	Keep R onto Roy Edwardes Way	0.1
66.9	↙	Sharp L onto Cross Hands Road	0.7
67.6	←	L	0.1
67.7	↗	Slight R	0.1
67.8	→	R	0.0
67.8	←	L onto Marsh Common Road	1.1
68.9	↖	Keep L onto Station Road	0.0
68.9	↘	Sharp R onto Station Road	0.1
69.0	↑	Continue onto Blackhorse Hill	0.8
69.8	↗	Keep R	0.3
70.1	←	L	0.0
70.1	→	R onto Blackhorse Hill	0.7
70.8	←	L onto Over Lane	3.6
74.4	↑	Continue onto Over Lane	0.0

7.8 kilometers. +112/-34 meters

Dist	Type	Note	Next
74.5	→	R onto Gloucester Road	0.5
75.0	↑	At roundabout, take exit 1 onto Gloucester Road	0.5
75.5	↑	At roundabout, take exit 3 onto Gloucester Road	0.4
75.9	←	L onto The Common	0.4
76.3	←	L	0.0
76.3	→	R	0.0
76.4	←	L onto The Common (East)	0.3
76.7	↗	Keep R	0.1
76.8	↗	Keep R	0.2
77.0	↗	Keep R	0.1
77.2	↗	Keep R	0.1
77.3	↗	Keep R	0.1
77.4	←	L	0.0
77.4	→	R	0.3
77.7	→	R	0.0
77.7	←	L	0.5

3.3 kilometers. +8/-34 meters

Dist	Type	Note	Next
78.2		Keep L	1.0
79.3		L	0.0
79.3		Sharp R	0.5
79.8		L onto Winterbourne Road	0.3
80.1		Keep R onto B4057	0.0
80.2		R onto Old Gloucester Road	1.5
81.6		Keep L onto Old Gloucester Road	0.0
81.7		R onto B4058	0.3
81.9		R onto The Stream	0.0
81.9		L	0.2
82.2		L	0.0
82.2		Continue	0.0
82.3		L onto Ring Road Path	0.0
82.3		R onto Bristol Road	0.1
82.4		L onto Beckspool Road	1.5
83.8		L onto Cleeve Wood Road	0.0
83.8		R onto Bromley Heath Road	0.0

6.2 kilometers. +42/-40 meters

Dist	Type	Note	Next
83.9		Continue onto Bromley Heath Road	0.6
84.5		Slight R onto Overndale Road	0.0
84.5		L onto Overndale Road	0.6
85.1		R onto Downend Road	0.4
85.5		Keep L onto Downend Road	0.3
85.8		L onto Fishponds Road	0.0
85.8		L onto Fishponds Road	0.2
86.0		Commercial control	0.1
86.1		Sharp L onto Station Road	0.0
86.1		Keep L	0.0
86.2		Keep R onto Station Road	0.1
86.3		R onto New Station Road	0.1
86.3		Keep L onto New Station Road	0.0
86.3		At roundabout, take exit 1 onto New Station Way	0.0
86.4		R	0.0

2.5 kilometers. +20/-8 meters

Dist	Type	Note	Next
86.4		L onto Bristol & Bath Railway Path	1.0
87.4		Continue onto Bristol & Bath Railway Path	0.2
87.6		Keep L onto Bristol & Bath Railway Path	0.5
88.1		Sharp R onto Bristol & Bath Railway Path	1.4
89.5		Continue onto Bristol & Bath Railway Path	1.0
90.5		Keep R onto Bristol & Bath Railway Path	0.6
91.1		Continue onto Bristol & Bath Railway Path	0.7
91.8		R onto High Street	0.0
91.8		L onto Station Road	0.2
92.0		Slight L onto Tower Road North	0.1
92.1		L onto Crown Way	0.2
92.3		Continue	0.0
92.3		R onto Bristol & Bath Railway Path	1.8

6.0 kilometers. +27/-47 meters

Dist	Type	Note	Next
94.1		Continue onto Bristol & Bath Railway Path	1.6
95.7		Keep R onto Bristol & Bath Railway Path	7.8
103.5		L	0.0
103.5		R onto Brassmill Lane	0.5
104.0		Keep R onto Bath-Bristol Cycle-track	0.0
104.0		Keep R onto Bath-Bristol Cycle-track	0.1
104.1		Sharp R onto Bath-Bristol Cycle-track	0.0
104.1		Make a U-turn onto Bath-Bristol Cycle-track	0.4
104.5		Sharp L	0.0
104.6		L	0.3
104.8		R onto Burnham Road	0.0
104.8		L onto Inverness Road	0.1
105.0		R onto Linear Park	0.4
105.3		Keep L onto Linear Park	1.1
106.4		Continue onto Linear Park	9.0

14.1 kilometers. +95/-93 meters

Dist	Type	Note	Next
115.4	↑	Continue onto Linear Park	0.2
115.6	↑	Continue onto Linear Park	0.2
115.8	↑	Continue onto Linear Park	0.9
116.6	←	L onto Bellotts Road	0.0
116.7	→	R onto Lower Bristol Road	0.0
116.7	←	L onto Roseberry Place	0.0
116.7	→	R	0.0
116.7	→	R	0.1
116.8	→	R	0.0
116.8	←	L onto Windsor Bridge Road	0.2
117.0	↖	Keep L onto Windsor Bridge Road	0.1
117.1	↖	Slight L onto Upper Bristol Road	0.3
117.4	↗	Keep R onto Newbridge Hill	1.0
118.3	↗	Keep R onto Newbridge Hill	0.1
118.4	↖	Sharp L onto Newbridge Hill	0.0
118.5	↻	Make a U-turn onto Newbridge Hill	5.8

12.1 kilometers. +35/-32 meters

Dist	Type	Note	Next
124.3	↘	Sharp R onto Brewery Hill	1.0
125.3	↖	Sharp L onto Wick Lane	0.1
125.5	↗	Keep R onto Wick Lane	1.3
126.7	←	L onto Beach Lane	0.0
126.7	→	R onto Oldbury Lane	1.1
127.8	→	R onto Oldbury Lane	0.8
128.7	→	R onto High Street	0.1
128.8	←	L onto Bury Lane	0.4
129.2	↖	Keep L onto Bury Lane	1.3
130.5	←	L onto High Street	0.4
130.9	↗	Slight R onto Rookery Lane	2.5
133.4	←	L onto Feltham Road	0.5
133.9	↗	Keep R onto Feltham Road	0.3
134.2	↘	Sharp R onto Feltham Road	0.6
134.8	→	R onto Castle Road	0.4
135.2	→	R onto Westerleigh Road	2.6
137.8	↗	Keep R onto Shorthill Road	2.2

19.4 kilometers. +205/-107 meters

Dist	Type	Note	Next
140.0	←	L onto Shire Way	0.3
140.3	↖	Keep L onto Shire Way	0.0
140.3	↑	At roundabout, take exit 3 onto Westerleigh Road	0.9
141.2	↑	Continue onto Westerleigh Road	0.0
141.2	↑	At roundabout, take exit 1 onto Westerleigh Road	0.2
141.4	↻	Make a U-turn onto Westerleigh Road	0.0
141.5	G	Commercial	0.0
141.5	→	R	0.4
141.9	↗	Keep R	0.0
142.0	↗	Keep R	0.1
142.1	↗	Keep R	0.1
142.2	↗	Keep R	0.0
142.2	→	R	0.0
142.2	↗	Keep R	0.1
142.2	↖	Slight L onto Westleigh Close	0.0

4.4 kilometers. +8/-6 meters

Dist	Type	Note	Next
142.3	→	R onto Station Road	0.6
142.8	↖	Keep L onto Badminton Road	0.1
142.9	↑	At roundabout, take exit 3 onto Badminton Road	0.4
143.3	→	R onto Nibley Lane	1.8
145.0	↖	Keep L onto Nibley Lane	0.0
145.1	↖	Slight L onto High Street	0.5
145.6	←	L onto Station Road	0.2
145.8	↗	Keep R	0.4
146.2	↖	Keep L	0.1
146.2	↖	Keep L	0.1
146.3	→	R	0.0
146.3	←	L onto Bristol Road	1.6
148.0	→	R onto Perrinpit Road	2.2
150.2	→	R onto Old Gloucester Road	0.2
150.4	←	L onto Gaunt's Earthcott Lane	3.1
153.5	→	R onto Hortham Lane	0.3

11.2 kilometers. +71/-61 meters

Dist	Type	Note	Next
153.8	↘	Keep L onto Hortham Lane	0.1
153.9	→	R onto Gloucester Road	0.3
154.2	←	L onto Fernhill	1.9
156.0	↘	Keep L onto Lower Tockington Road	0.6
156.7	↗	Keep R onto Upper Tockington Road	0.2
156.9	↘	Sharp R onto Upper Tockington Road	0.0
156.9	↻	Make a U-turn onto Upper Tockington Road	2.3
159.3	↘	Slight L onto Aust Road	1.2
160.5	↘	Keep L onto Aust Road	0.2
160.7	←	L	0.0
160.8	↘	Sharp R	0.2
160.9	→	R	0.0
161.0	↘	Slight L	0.1
161.1	↗	Keep R	0.0
161.1	→	R	0.0

7.6 kilometers. +38/-98 meters

Dist	Type	Note	Next
161.1	→	R	0.0
161.1	←	L onto Sandy Lane	0.1
161.3	↘	Keep L onto Aust Services	0.2
161.4	←	L	0.0
161.4	←	L	0.1
161.6	→	R	0.0
161.6	←	L onto Aust Services	0.0
161.6	↗	Keep R	0.2
161.8	↑	Continue onto Aust Services	0.3
162.0	↘	Slight L onto Sandy Lane	0.1
162.1	→	R	4.4
166.5	↗	Keep R onto Link Road Path	0.0
166.6	↘	Keep L onto Link Road Path	1.7
168.3	←	L onto Fair View	0.1
168.3	↗	Keep R	0.1
168.4	↘	Sharp R onto Newport Road	0.0
168.5	↑	At roundabout, take exit 3 onto Chepstow Road	3.6

7.4 kilometers. +89/-26 meters

Dist	Type	Note	Next
172.0	↑	At roundabout, take exit 2 onto Parkwall Roundabout	14.8
186.9	↑	At roundabout, take exit 2 onto Chepstow Road	0.4
187.2	↑	At roundabout, take exit 2 onto Ringland Way	0.6
187.8	↑	At roundabout, take exit 2 onto Ringland Way	2.0
189.8	↑	At roundabout, take exit 3 onto Ringland Way	0.5
190.2	↘	Keep L onto Ringland Way	1.0
191.3	↑	At roundabout, take exit 3 onto Spytty Road	0.4
191.6	↑	At roundabout, take exit 2 onto Spytty Road	1.8
193.4	↑	Continue onto Usk Way	0.4
193.9	↑	At roundabout, take exit 1 onto Usk Way	1.7
195.5	↑	At roundabout, take exit 2 onto Docks Way	0.4
195.9	↑	At roundabout, take exit 2 onto Docks Way	3.2
199.1	↑	At roundabout, take exit 2 onto Cardiff Road	0.4

30.6 kilometers. +157/-191 meters

Dist	Type	Note	Next
199.5	↑	At roundabout, take exit 2 onto Cardiff Road	4.8
204.3	↑	At roundabout, take exit 3 onto A48	4.6
208.9	↘	Keep L onto A48 and take A4232 toward Cardiff, Docks	0.2
209.1	↘	Keep L onto Southern Way	0.7
209.8	↘	Keep L	0.3
210.1	↑	At roundabout, take exit 2 onto Newport Road	0.4
210.6	↑	At roundabout, take exit 2 onto Newport Road	1.3
211.8	↑	Continue onto Newport Road	2.3
214.1	←	L onto North Road	0.3
214.4	↘	Slight L onto Duke Street	0.5
214.9	↙	Sharp L	0.2
215.1	→	R onto Brook Street	0.1
215.1	←	L	0.0
215.2	→	R onto Plantagenet Street	0.1
215.2	↑	Continue	0.1

16.1 kilometers. +101/-106 meters

Dist	Type	Note	Next
215.3		Slight L	0.2
215.5		L onto Tudor Street	0.1
215.5		R onto Tudor Lane	0.1
215.7		End of route	0.0

0.5 kilometers. +0/-1 meters