

NEW FOREST GOES WEST 300km AUK PERMANENT EVENT

Thank you for your entry to this AUK Permanent Event. Although starting and finishing in the New Forest this event route heads west to Ringwood and then continues through Somerset and Wiltshire. There are Controls at Podimore, and Sedgemore Services, before returning through Wells and climbing up the Cheddar Gorge to reach Nunney Catch Services.

CONTROLS

LYMINGTON is the written route sheet start / finish location but you may use any Control as your start point. Most street car parking is charged weekdays and Saturdays. Free street parking can be found south of the High street but you will have to search it out. Car parks are also charged on Sunday, but free street parking is available in Avenue Road or Barfields. Cycle shop (Figures) is off north side of High Street half way down the hill.

LYMINGTON CONTROL location is in New Street (which is one-way northward) outside St Barbe Museum and Art Gallery. There are Public lavatories beside the museum building. There are many cafes in the High Street (T junction at south end of New St.)

PODIMORE SERVICES CONTROL is after approx. 100km

SEDGEMORE SERVICES CONTROL is a Motorway Service Station approach via the emergency and service vehicles entrance. There may be a shut gate but it is easy to get in.

SHIPLATE ROAD CONTROL is the T junction reached shortly after leaving the Sedgemore Services.

RIVERSIDE INN CHEDDAR GORGE CONTROL is immediately after the mini-O left turn in Cheddar and is before the Gorge (and tourist tat). There are public toilets a short distance further on.

NUNNEY CATCH SERVICES CONTROL is after just under 200km.

BROADE CHALKE CONTROL is the Queen's Head PH.

In the New Forest your attention is drawn to the following:

- Many of New Forest roads are unfenced and you will encounter ponies, donkeys, cattle, possibly deer and in the autumn pigs. All animals should be treated as being unpredictable in their behaviour. Foals, in particular, are likely to cross the road suddenly.
- In the summer you will also encounter tourists in cars (with or without caravans) whose behaviour is totally unpredictable
- There are quite a few cattle grids. These can be slippery in wet weather.
- Horse riding and carriage driving (Pony and Trap) is an everyday part of New Forest life. Please slow down and make your presence known when passing or overtaking. Calling out is a good way of attracting attention, because horses are used to the human voice. Ponies and traps are easily spooked by silent bicycles with potentially serious consequences for either the horse or the passing cyclist.

www.cyclingnewforest.org

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Total	Interval	Distances are in kms
		START CONTROL St Barbe Museum in New Street Route sheet written from Town Hall car park in Avenue Road
0.0	0.1	North from start and L at T into Avenue Road [no SP]
0.5	0.4	R : X (TLs) [Lyndhurst]
0.9	0.5	SO : mini-O [no SP]
1.3	0.3	L [Hordle]
2.1	0.8	R [Passford House Hotel]
4.0	1.9	R : T [no SP]
4.6	0.6	Cattlegrid
5.8	1.1	R : T onto B3055 [Brockenhurst]
6.6	0.8	1st L [Burley]
9.8	3.2	L [Burley] and immed L : T [no SP]
10.9	1.1	Cattlegrid
12.8	1.9	Cattlegrid {continue thro' Burley and Burley Street}
18.2	5.3	L (actually SO) as road turns sharp R [Crow]
19.9	1.8	Cattlegrid
22.8	2.9	R : T onto B3347 [Ringwood]
23.8	1.0	SO (2nd exit) : O [Town centre]
24.1	0.3	L (1st exit) : mini-O [Market Place]
24.4	0.3	1st L [Market Place] into High Street immed after Fish Inn
24.9	0.5	L onto cycleway beside A31 [Cyclepath sign] Stay on cycleway beside A31, then down and under A31 bridge
25.7	0.8	1st L after bridge [Ashley Heath cycle route sign] At no entry sign continue on Cyclepath on R and after bus stop and layby
26.4	0.6	1st R to leave Cyclepath thro' bollards onto minor road
26.5	0.2	R : T [no SP] {Ashley Heath sign}
31.7	5.1	SO (1st exit) : mini-O [West Moors]
31.8	0.2	SO (2nd exit) : mini-O [Horton]
38.9	7.1	SO (L/R) : stg X across B3078 [Shaftesbury / Moor Crichel]

46.0	7.1	SO (R/L) : stg X across A354 [Farnham]
47.0	1.0	1 st L [Newtown]
53.4	6.4	L : T onto B3081 [no SP] and continue down Zig-zag hill
59.5	6.1	R : T still on B3081 [Shaftesbury]
61.3	1.8	L : T onto A30 [Sherborne]
61.4	0.2	SO (2 nd exit) : O [East Stour] and continue thro' town centre, keeping L past Woolley & Wallis
62.7	1.3	L [Gillingham] and soon
62.8	0.1	L : T onto B3081 [Gillingham]
67.7	4.9	L into Cole Street Lane [no SP] {junction just after 40 mph sign}
69.0	1.3	L : T [no SP]
69.2	0.2	1 st R [Eccliffe]
70.8	1.6	L : T [Kington Magna]
73.8	3.1	R : X [Buckhorn Weston]
77.5	3.7	L at grass triangle [no finger on SP pole]
80.4	2.9	L [Wincanton]
82.8	2.4	L : T [Buckhorn Weston]
83.3	0.5	R : T [Wincanton]
84.6	1.3	L : X [Honiton]
85.1	0.5	SO (3 rd exit) : O [All routes] and immed SO (2nd exit) : O [Castle Cary]
85.3	0.3	SO : O [Castle Cary]
86.2	0.8	L (1st exit) : O [Blandford] and under A303
86.6	0.3	1st R [Holton]
90.7	4.2	L : T [Blackford]
91.4	0.6	Follow road to L [Sigwells] and Ignore "Compton Pouncefoot" sign to R then after short descent take next R [Compton Pouncefoot] {this is an X at which you have priority}
93.6	2.3	L : X [Sutton Montis]
95.2	1.6	L : T [Queen Camel]
98.5	3.2	L : T onto A359 [Yeovil]
98.6	0.2	R (2nd exit) : O [no SP]
102.5	3.9	SO : X [Somerton]

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103.3	0.8	L : T [no SP]
104.9	1.6	R into CONTROL _Podimore Services.
Total	Interval	Distances are in kms
		Retrace from Control to road where R : T
105.5	0.3	2nd exit : O onto A372 [Langport]
106.5	1.0	1st R [Charlton Mackrell]
109.2	2.7	SO (1st exit) : mini-O [Charlton Mackrell]
111.5	2.3	SO (R/L) : stg X across B3153 [Castle Cary / no SP]
117.4	6.0	SO : X across B3151 [Ashcott]
120.5	3.1	R [Walton]
121.3	0.8	R : T onto A39 [Glastonbury]
121.5	0.2	1st L [no SP] into Whitley Lane
122.3	0.8	1st L [Ashcott]
123.9	1.6	R : double T [no SP] into Station Road
128.6	4.7	L : T [no SP]
130.6	2.1	L [Bridgewater] into Back Lane as road turns sharp R
131.0	0.3	L : T [Shapwick]
131.5	0.5	R [Burtle]
139.3	7.9	R : T [no finger on SP pole]
140.8	1.4	R : T [Wedmore]
140.9	0.2	1st L [Village hall] into Vole Road
143.4	2.4	R : "T" beside Pill Road sign. {no clear priorities at junction} SO : X across A38 [Edingworth (hard to see)]
146.7	3.4	into Rooks Bridge Road
147.9	1.1	R : T [Edingworth]
148.2	0.3	L : T [Weston super Mare] and after Rookery Manor hotel on L
148.8	0.6	L [no SP] into Strowlands {Blue Water Group sign on corner}
149.5	0.6	L into narrow lane with cul-de-sac signs (before cream coloured Strowlands Cottage on L) and continue over cattlegrid, and then on foot to reach CONTROL - Sedgemore Motorway Services.
149.8	0.3	Retrace from Control to road where R : T
150.4	0.6	R : T [no SP]

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153.8	3.4	R : T [no SP]
154.4	0.6	R : T [Axbridge] and at this junction CONTROL
159.4	5.0	SO : X across A38 [Draycott]
160.2	0.8	R [Axbridge] and continue thro' Axbridge
161.7	1.4	R : T [Wells]
162.6	1.0	L [Cheddar Gorge] and immed R [Cheddar Gorge] onto B3135
164.2	1.6	L : mini-O [Cheddar Gorge] and immediately after turning L
169.1		ICONTROL on R beside PH
179.5	15.3	SO : X (TLs) across A39 [Shepton Mallet]
181.9	2.4	SO : X across B3139 [Shepton Mallet]
184.8	2.9	SO : X across A37 [Ashwick]
185.1	0.3	2nd R [Oakhill]
185.6	0.5	L : T [no SP]
186.4	0.8	R : T [no SP] and immed L [Leigh on Mendip]
189.5	3.1	L [Leigh upon Mendip]
192.7	3.2	L [Mells]
193.4	0.6	SO : X [no SP]
193.7	0.3	L : T [Frome]
194.5	0.8	R : X [Frome]
196.9	2.4	SO : X [Nunney]
197.4	0.5	R : T [no SP]
197.7	0.3	R : T [Witham Friary]
198.8	1.1	L before O into CONTROL - Nunney Catch Services.

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Total	Interval	Distances are in kms
		L from Control and L (1st exit) : O onto A361 [Frome]
199.1	0.3	1st R [Trudoxhill]
207.7	8.5	R : T [Bruton]
208.3	0.6	L [Kilmington] (sign broken in half)
211.9	3.5	R : T onto B3092 [Stourhead] and in centre of Mere
216.8	5.0	R [Woodlands Road Industrial Estate] into Boar Street
217.4	0.6	SO (2 nd exit) : mini-O [no SP]
222.8	5.4	L [Sedgehill] and immed R [Knapphill] {actually a stg X}
224.1	1.3	L : T [Semley]
226.0	1.9	R : T onto A350 [Blandford]
226.2	0.2	1st L [Semley]
227.3	1.1	R : T [Semley]
228.6	1.3	L [Tisbury]
228.8	0.2	1st R [Barkers Hill]
232.5	3.7	R : T [Shaftesbury]
234.4	1.9	SO : X across A30 [Berwick St John]
242.8	8.4	L : T [no SP]
247.4	4.7	Continue past Broad Chalke name sign and in village R [Bowerchalke] at this junction CONTROL at Queen's Head PH
247.9	0.5	1st L [Martin] as road turns R immed R : T [Martin]
253.1	5.1	SO : X across A354 [Martin]
260.5	7.4	L : T [Fordingbridge]
264.6	4.2	SO : mini-O [Fordingbridge]
265.9	1.3	R (2nd exit) : mini-O [Ringwood] over river and under bridge, and
266.1	0.2	R [Ringwood] and immed L [Stuckton]

267.7	1.6	Cattlegrid and
267.9	0.2	1st R [North Gorley] into Hyde Lane
268.7	0.8	R : T [N Gorley] and
268.8	0.1	1st L [N Gorley]
270.3	1.5	Thro' ford
272.9	2.5	Thro' ford
273.3	0.5	Cattlegrid
274.4	1.1	Keep R thro' ford
275.8	1.3	L (1st exit) : mini-O [no SP]
276.2	0.5	R (2nd exit) : mini-O [Hightown]
276.4	0.2	1st L [no SP] into Eastfield Lane
277.0	0.6	R [Burley] beside Elm Tree Pub on L
278.2	1.1	SO (L/R) : stg X [Bransgore]
279.3	1.1	L : T [North Ripley]
285.4	6.1	SO (L/R) : stg X [Highcliffe]
288.6	3.2	SO (L/R) : stg X across A35 [Walkford]
		After pedestrian TLs
290.2	1.6	L [Woodland burial ground] into Walkford Road
292.8	2.6	L : T [no SP] and immed SO (2nd exit) : mini-O [Ashley]
293.0	0.2	SO : X (TLs) [Ashley]
293.1	0.2	SO : X (TLs) [no SP]
294.4	1.3	SO : X (TLs) [Hordle]
295.5	1.1	R [Everton] before Shell Garage
		Pass sign "No motor vehicles L except for access 50 yards ahead" and then
298.1	2.6	L [no SP] into Frys Lane
298.6	0.5	L : X [no SP]
301.2	2.6	R : T [no SP] and
301.3	0.1	2nd L [no SP] into North St - past Musketeers pub on L
301.8	0.5	L (1st exit) : O [Lymington]
302.6	0.8	Get into RH lane in 1-way road beside "Waitrose" and R : T [Christchurch]
302.7	0.1	1st L ["Saturday Market Delays"] into St Thomas Street
303.0		L between Boots Chemist and Costa Coffee into New Street and FINISH CONTROL at St BARBE MUSEUM on left

R = turn Right
L = turn Left
SO = Straight on

TLs = Traffic lights

[place name] = signpost
destinations are in [] brackets
SP = Signpost

: = at {usually a junction}

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X = Cross roads

T = Tee junction

(L/R) or (R/L) = Stagger of off-set cross roads

RH = right hand

LH = left hand

O = Roundabout

mini-O = mini-roundabout

{text} = additional helpful information

immed = immediately {intended to help you not to miss next instruction, but a bit variable in its immediacy from 2m to 80m}

Italics are used very rarely – pay attention to words italicised