

El Supremo's 1000 Permanent

Dear Rider

Thank you for entering this Audax UK Permanent event, originally created by Dave 'El Supremo' Hudson.

Category 2 Advisory route Permanent Events (Validation by GPS track or E-Brevet as proof of passage (PoP) only)

"You must use electronic proof of passage (GPS or E-Brevet- AB10) for this event." If you wish to use physical PoP and a Brevet card, please contact the organiser directly before entering to discuss.

For these events you will see two entry buttons - Choose either "Enter by GPS" or "Enter Online"

Advise me BEFORE you ride this event.

The route sheet is taken directly from the original route sheet created by Dave but in a format that includes cumulative KMs and if cut/folded along guide lines fits into 100 x 140mm Self Seal bags.

Control	Description Start/Finish control can be any same control on the route.
Hellingly (Start)	24hr Petrol Station with some refreshments, ATM, other outlets not 24hr, plus accommodation.
Buckbarn	ATM and Services Shop/ Toilet / Macdonalds. Receipts may say West Grinstead or Horsham
Chichester	Sainsbury Café Open Mon to Fri 07:00, Sat 07:30 and Sun 09:30. Service can be slow. ATM outside. Toilet
Sutton Scotney x2	Village Shop, Petrol Station and Sutton Scotney A34 Services.
Leigh Delamere x2	M4 24hr Services, plus accommodation.
Michael Wood	M5 24hr Services, plus accommodation.
Strensham x2	M5 24hr Services, plus accommodation.
Cherwell Valley	M40 24hr Services, plus accommodation.
Cirencester	24hr Services, plus accommodation. Also other outlets in Cirencester.
Severn Views x2	M4 24hr Petrol Station, plus accommodation.
Abergavenny	24hr Petrol Station with some refreshments
Midhurst	Petrol Station 06:30 to 22:30. Various bank ATM's, Shops

Pyecombe	24hr Petrol Station with some refreshments
Hellingly (Finish)	24hr Petrol Station with some refreshments, ATM, other outlets not 24hr.

Regards Anton Brown

Notes

This Permanent Event is for experience cyclists who will be aware of the following:

- Have familiarised themselves with the route before the event, ensuring competence and fitness to complete the course, roadworthiness of their bike and possession of adequate cycle repair equipment, spares and skills.
- During the event, riding safely, according to the rules of the road and personal capabilities, and taking responsibility for personal feeding, warm clothing and rest periods, especially at night.
- Personally, deciding not to continue if feeling unwell or too tired.
- As with any journey on public roads being aware of and allowing for highway design and maintenance, other road users (especially horses), busy traffic conditions, the state of disrepair of the surface (potholes, trenches, ironwork etc.), debris, obstruction of all kinds, poor or non-existent lighting on night sections and oncoming headlights.
- As some roads could be high and exposed, with hills that could be steep and strenuous, carrying adequate food, drink, clothing and equipment for any conditions.
- Preparing the bike (and rider) and carrying spares and tools and knowing how to use them.
- In the event of bad weather, making a personal decision over starting or continuing.
- Being equipped to deal with bad conditions
- Making private arrangement if rescue facilities are wanted. (The CTC have a Rescue Scheme that could be considered if you are likely to be unable to summon your own assistance).
- Being adequately rested before travelling home after finishing an event.
- As with all Audax UK rides you are always on a private excursion on the public highway and responsible for your own conduct.

GPS Validation

After the event go to the "Upcoming and Pending Events" section on your dashboard (the screen you see when you first login) and look for your ride. Expand the arrow to find the upload link for your track.

▼	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
^	Fri 25 Feb 2022	Gwynedd Traverse 200	200km (203km)	N/A	from Caernarfon (or anywhere on route)	Entered	View			
Event No:	JHA27	Category:	PERMANENT	Points:	2	AAA:	0	Event Type:	Permanent	Upload Link for GPS track

You can upload the following file types:

- gpx
- tcx
- fit (which will be converted to tcx before processing)
- zip (multiple gpx or tcx files)

The uploader link is specific to a particular entry - you can't use it for any other event, or for a second entry on the same event.

There is a file size limit of 1Mb.

Wahoo fit file are not accepted, because Wahoo have recently moved to a new fit2 format. Zipped fit files may also cause problems even if they seem to have uploaded correctly.